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Photo: Penni Rand Photography

Certified organic Products

With a large selection of organic options throughout our stores, you have access to more food choices everyday.

What does “organic” mean?



“Organic” describes a set of farming practices that prohibit toxic chemicals and GMOs. Organic practices also help promote biodiversity, encourage land stewardship, and require that animals are raised using humane methods.

By following our Key to Signs (pictured below) you can find organic products in a variety of departments throughout the store including Produce, Bulk, Meat & Seafood and Grocery. Look for the green bar to denote organic products.



On packaged products look for these logos:



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What are organic product standards?

Organic practices require:

- Crop rotation and cover cropping
- Outdoor access for all animals
- Pasture for all cows, sheep and goats
- 100% certified organic feed for livestock
- Annual inspection of all farm fields and processing facilities

Organic standards prohibit:

- Genetically modified organisms (GMOs)
- Toxic pesticides and herbicides
- Sewage sludge (biosolids) and synthetic fertilizers
- Antibiotics or added growth hormones
- Animal by-products in animal feed
- Irradiation

Together, these practices can support the mitigation of climate change. For products to be labeled as “Organic”, they must meet the standards set by the National Organic Program. Each farm or processor is inspected annually to ensure that they meet these rigorous standards.

Choosing organic is a great option for those looking to avoid GMOs and reduce exposure to pesticides. You can learn more about organic standards at the links below:

USDA: www.usda.gov/topics/organic

Vermont Organic Farmers: www.nofavt.org/vof

Vermont organic



Vermont Organic Farmers (VOF) is a USDA-accredited organic certification agency owned by NOFA Vermont. VOF is responsible for certifying over 91% of organic products grown and made in Vermont to the USDA standards. VOF verifies the practices of over

700 organic producers in the state to ensure their products are produced with integrity and transparency, helping farmers to improve soil health and prevent erosion.

When you see the Vermont Organic Farmers seal, you know that you are getting a certified organic and locally grown product.

Your Community-Owned Grocery Stores

Downtown Burlington, VT South End

www.citymarket.coop