



Pasta

Choose from over a dozen pasta varieties in our Bulk department. From semolina to whole wheat, soba and udon, we've got you covered.

Pasta Varieties

Semolina - Traditional pasta made from durum semolina wheat that is refined and ground to a coarse meal, then mixed with water. Varieties include orzo, penne, rotini and more.

Whole Wheat - Pasta made from 100% whole wheat durum semolina.

Soba - Buckwheat noodles used in Japanese soups and noodle dishes (available in our Grocery department).

Udon - Thick wheat flour noodles used in Japanese soups and noodle dishes (available in our Grocery department).

Gluten-Free Pasta

We offer several kinds of pasta that do not contain gluten in our Bulk department. However, these pastas may have come into contact with gluten-containing products in the manufacturing, filling, or scooping processes. For certified gluten free pastas, look for the packaged items in our Grocery department.

Bulk Foods

Pasta

Pasta with Pesto Sauce

Ingredients:

2 cups fresh basil
1/3 cup pine nuts
2-4 cloves garlic, peeled
1/2 cup grated Parmesan cheese
1/3 cup olive oil
salt and pepper to taste
squeeze of lemon juice (optional)

Instructions:

Combine basil, nuts, garlic, and cheese in a food processor until it forms a rough paste (adjust garlic to taste). Add olive oil slowly. Your sauce should be a thick paste. If necessary, add more oil. Season with salt and pepper and optional lemon juice.

Serve with your favorite pasta (use half for one pound of pasta and store the other half in a tightly sealed glass jar for up to one week).

Tip: No pine nuts in your pantry? Substitute for almonds, walnuts or cashews for a twist on the classic pesto.



Your Community-Owned Grocery Stores

Downtown **Burlington, VT** South End
www.citymarket.coop