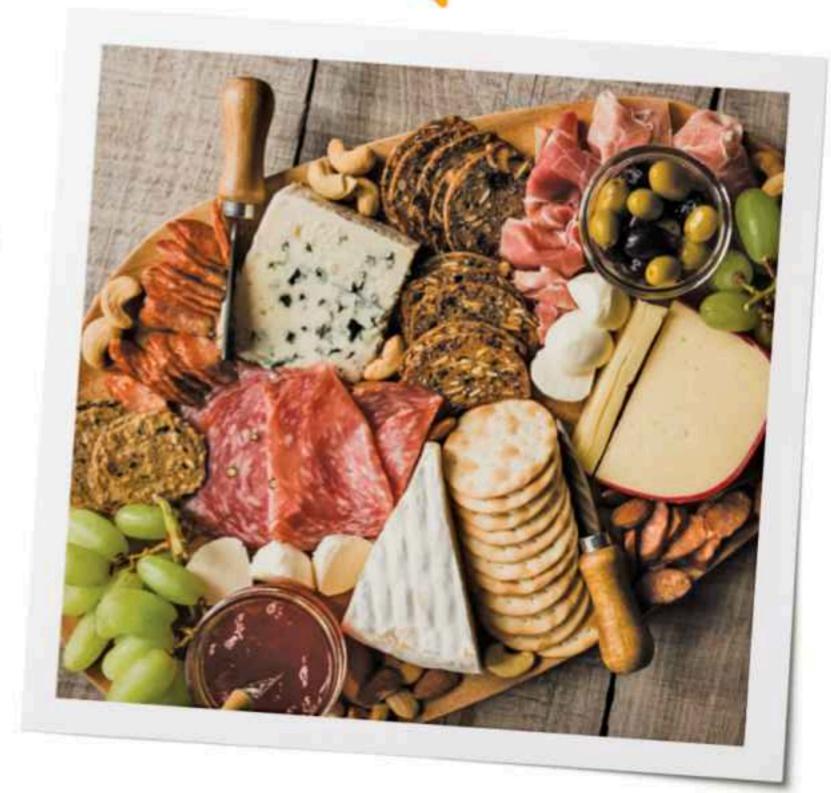
Ctop deals.

DEC 17 - DEC 30, 2025

gather the snacks

DIP IT OR TOP IT

If holiday entertaining is stressing you out, just stop by the co-op and find plenty of delicious snacks. Mary's Gone Crackers — a gluten-free and organic choice that pairs well with dips, cheese balls and more — add a nice crunch to all the seasonal snacking. Find them at the co-op while they're on sale.





2/\$6
Mary's Gone Crackers
Organic Original Crackers
4 oz., selected varieties



2/\$6
Angie's
Boomchickapop
Popcorn
4.4-7 oz., selected
varieties



2/\$7
Q Mixers
Drink Mixers
4 pk.-7.5 fl. oz. cans, selected varieties



3.79
Divina
Stuffed Grape
Leaves
7 oz.



Holiday entertaining is easy when you shop the co-op.

Refreshments for the season.

USDA

ORGANIC

SPREAD • FRY • SAUTÉ • BAKE

Great Buttery Taste

NET WT 13 OZ (368g

balance

Urganic Buttery Spread 78% Vegetable Dils



3.99

Green Valley
Organic Lactose-free
Cream Cheese
8 oz.



3.99

Ithaca Hummus

10 oz., selected varieties

great rich taste

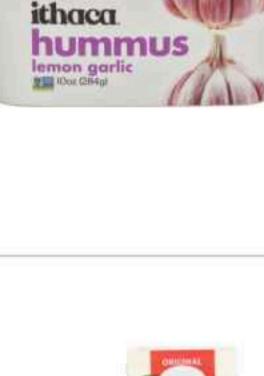
Light, creamy, and packed with rich flavor — this vegan, organic butter alternative is non-GMO, gluten-free, and dairy-free with just 80 calories per serving. It's perfect for cooking, baking, or spreading.

5.99

Earth Balance

Organic Whipped Buttery Spread

13 oz.





4.49

Silk
Plant-based
Creamer
32 fl. oz., selected
varieties

COOPERATIVELY OWNED



4.99

Kerrygold
Pure Irish Butter
8 oz., selected varieties

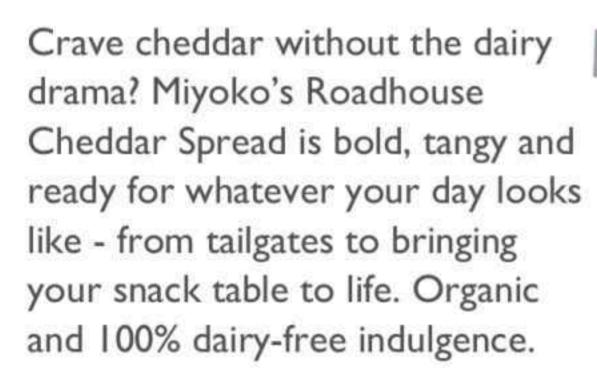


ORGANIC

5.49Mt Vikos

Feta Cheese 6 oz., selected varieties

game on, cheddar fans





5.49

Miyoko's Creamery Organic Plant Milk Cheese Spread

8 oz., selected varieties



5.49
Immaculate
Organic
Cinnamon Rolls
17.5 oz.



Dairy and nondairy options are at the co-op.

must-taste cheeses

COOPERATIVELY OWNED

From our aged parmesan to our award-winning Raw Sharp Cheddar, our cheeses will make any meal sing. All made with organic milk from pasture-raised cows for that incredible taste people have come to know and love.



4.49

Organic Valley
Shredded or Grated
Parmesan Cheese
4 oz., selected varieties



4.49

Organic Valley
Shredded Cheese
6 oz., selected varieties



5.49

Organic Valley
Raw Block Cheese
8 oz., selected varieties



6.99

Organic Valley American Cheese

11 oz., selected varieties



live probiotics

Enjoy the benefits of both PRO and PRE-biotics in a delicious-bubbly-on-the-go can of ORGANIC KEVITA Sparkling Refreshers or bottle of Master Brew Kombucha.

2/\$4

KeVita
Organic Sparkling
Drinks

12 fl. oz. can, selected varieties



5.49

San Pellegrino Italian Sparkling Drink

6 pk.-11.15 fl. oz. cans, selected varieties



6.99

Wildbrine
Organic Sauerkraut
18 oz., selected varieties



7.69

Bubbies Pickles or Pickle Chips

33 fl. oz., selected varieties



Fill the fridge with variety from the co-op.



2/\$8 Cascadian Farm Organic Frozen Potatoes 12-16 oz., selected varieties



4.99
Talenti

Gelato or Sorbetto

1 pt., selected varieties

INCLUSIVE TRADE PARTNER

Tucson Tamale started with a large Mexican-American family tradition and now makes award-winning tamales.



5.49

Tucson Tamale Tamales

10-11 oz., selected varieties



2/\$7
Van's
Frozen Pancakes
or Waffles
8-12.4 oz., selected

varieties



5.49
Ben & Jerry's
Ice Cream or
Non-dairy Dessert
14.4-16 fl. oz., selected
varieties



6.49
Feel Good Foods
Appetizers
9-10 oz., selected
varieties

pasta perfected

Mealtime has become practically effortless with Woodstock's Organic Frozen Pastas. Choose your favorite shape or filling and pair with any toppings you prefer. The possibilities are endless and delicious!



WOODSTOCK

TO SECULO STOCK

TO SECULO ST

7.49

Woodstock
Organic Frozen Pasta
20 oz., selected varieties

INCLUSIVE TRADE PARTNER

Deep Indian Kitchen is owned by a thirdgeneration Indian American family. We pride ourselves on being an authentic, restaurant-quality brand. All items are family recipes made from scratch.



5.49

Deep Indian Kitchen Samosas

7.5-12 oz., selected varieties

Find dinner and dessert at the co-op.



2/\$6
Pacific Foods
Plant-based
Beverages
32 fl. oz., selected
varieties



3.39
Woodstock
Organic Oats
16-18.5 oz., selected varieties



delicious by nature

With a deep-rooted belief that nature makes it good, Nature's Path makes it taste great. We show our love for food and planet through commitments to always-organic, sustainable ingredients!

3.99

Nature's Path Organic Cereal

9.5-14 oz., selected varieties



3.99

Bionaturae
Organic Fruit
Nectar
25.4 fl. oz., selected
varieties







certified gluten-free

Indulge in the delicious taste, soft texture and large slices; you won't believe it's gluten-free bread.

5.99

Udi's Gluten Free Sandwich Bread

12 oz., selected varieties



5.69

Bonne Maman
Fruit Curd or
Spread
12.7-13 oz., selected
varieties



everyday low price

18.99

Field Day
Organic Maple Syrup
32 fl. oz.

Delicious food is at the co-op.



Bionaturae Organic Tomatoes

24-28.2 oz., selected varieties



3.49 **Native Forest** Organic Young Jackfruit 14 oz.



4.49 **Pacific Foods** Organic Soup 32 fl. oz., selected varieties



Spectrum

Organic Extra Virgin Olive Oil 25.4 fl. oz.



6.99 Stonewall Kitchen Jam or Jelly 12.25-13 oz., selected varieties



6.99 Sir Kensington's Mayonnaise 12 fl. oz., selected varieties



16.99 Zoe Extra Virgin Olive Oil 33.8 fl. oz.

holiday entertaining

Naturally smoked oysters are hand packed in pure olive oil at the peak of freshness, providing the flavor you expect. Try these in dips, chowders, sauces and your favorite recipes.

Crown Prince

Oysters 3 oz., selected varieties





Maille Mustard 7-8.9 oz., selected varieties

Try something new from the co-op.



2/\$7
Dandies
Marshmallows
10 oz., selected varieties



6.49
Enjoy Life
Baking Chips
9 oz., selected varieties



6.49
King Arthur
Baking Company
Unbleached Allpurpose Flour
5 lbs.



9.99
Navitas Organics
Unsweetened
Cacao Powder
8 oz.





17.99
Pamela's
Gluten-free
Pancake & Baking
Mix

4 lbs.

exceptional flavor, responsibly sourced

COOPERATIVELY OWNED

Frontier Co-op® Vanilla Beans are grown sustainably, harvested with care and never compromised. Free from artificial flavors, sugars and preservatives, bringing unmatched depth and richness to your kitchen creations.

Frontier Co-op
Organic Vanilla Extract
4 fl. oz.





Simple Mills
Baking Mix
9-12.9 oz., selected varieties

scoop up the savings in bulk!



3.29

Organic Sunflower Seeds per pound in bulk



4.49 Organic Pitted
Deglet Dates
per pound in bulk



8.99 Organic Roasted & Salted Pistachios per pound in bulk

Bake like a pro with ingredients from the co-op.





2/\$3
Rip Van
Wafels
1.16 oz., selected varieties



double delight

Twice the layers, twice the joy. Justin's Double Cups combine rich organic chocolate and nutty goodness for a snack so good other cups get jealous. Unwrap joy!

2/84

Justin's

Organic Candies

1.32-1.5 oz., selected varieties



Seasonal sweet treats from the co-op.

Yummy, irresistible chocolate.

indulge your way

Whether you enjoy a square (or two or three) as a midday treat or prefer baking delicious treats, the indulgent possibilities are endless.

3.79

Hu

Organic Chocolate Bar

2.1 oz., selected varieties





COOPERATIVELY OWNED



3.79

Blue Diamond

Nut Thins

4.25 oz., selected varieties

The co-op has treats for all your gatherings.





2.29
Little Secrets
Crispy Wafers
1.4 oz., selected varieties



3.29
Kettle Brand
Potato Chips
4.25-5 oz., selected varieties



4.39
Alter Eco
Organic Chocolate Bar
2.65-2.82 oz., selected varieties



4.49
Divine Chocolate
Chocolate Bar
3 oz., selected varieties



3.99
Frontera
Salsa
16 oz., selected varieties



4.69
Mi Nina
Tortilla Chips
12 oz., selected varieties



CELEBRATE WITH SNACKS

Ring in the new year with your favorite people, and stock up on goodies from the co-op! The co-op has great selections for everyone at the party. So, make it easier on yourself and find brands you can trust for your next get together.



All your delicious snacks are at the co-op.



3.69
Tom's of Maine
Spearmint Floss
32 yds.



5.99
Tom's of Maine
Toothpaste
4-4.5 oz., selected varieties



5.39
Tom's of Maine
Wicked Fresh
Mouthwash
16 fl. oz., selected varieties



8.39
Tom's of Maine
Deodorant
3.25 oz., selected varieties



Our formulas are thoughtfully made by taking into consideration the purpose and source of our ingredients. We don't allow any artificial flavors, fragrances, colors, sweeteners or preservatives, and we don't test on animals.



6.39
Spry
Chewing Gum
100 ct., selected
varieties



18.99
Kal
Magnesium
Glycinate 350
160 ct.



20.99
Smartypants
Organic Kids Multi
& Omegas
Gummies
120 ct.

where wisdom meets wellness



Whether it's a cup for conversation, finding your zen or settling digestive discomfort, Traditional Medicinals has a tea for that.

4.99

Traditional Medicinals Herbal Tea

16 ct., selected varieties



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

Never miss a deal with the Co+op Deals app.

INCLUSIVE TRADE PARTNER



ECOS is a Black- and woman-owned company that believes everyone has a right to a healthy home.

We create cleaning products that protect the health and wellness of people, pets and the planet.

3.99

Ecos
Dish Soap
25 fl. oz., selected varieties



2/\$5

Booda Organics Original Lip Balms .15 oz.



2.69

Preserve
Adult Toothbrush
each, selected varieties



3.79
Repurpose
Plates or Bowls
20 ct., selected varieties



3.99
NOW
Eucalyptus
Essential Oil
1 fl. oz.



4.69

Mrs. Meyer's
Hand Soap
10-12.5 fl. oz., selected
varieties



6.99

Andalou Naturals
Shampoo or
Conditioner
11.5 fl. oz., selected
varieties



13.99

Bass
Large Square
Paddle Hairbrush
each



9.49

Pranarom
Organic
Frankincense
Essential Oil
.068 fl. oz.



14.99

Weleda Skin Food Cream 2.5 fl. oz.



Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.



7.99

Badger
Organic Body Balm
2 oz., selected varieties



34.99

Dr. Hauschka Rose Day Cream 1 fl. oz.



The co-op has products for home and body care.

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market Ever'man Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Community Co-op
Blue Hill Co-op
Good Tern Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op
Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market
Berkshire Food Co-op
Green Fields Market
McCusker's Market
River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op

Hanover Co-op Food Stores

Littleton Food Co-op

Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Potsdam Food Co-op
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op
Mariposa Food Co-op

South Philly Food Co-op Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
Buffalo Mountain Market
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Morrisville Food Co-op
Putney Food Co-op
Rutland Area Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op Friendly City Food Co-op Lovettsville Co-op Market Roanoke Co+op





Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

festive finish

From holiday pies to family favorites, a scoop of Alden's Organic is the sweet touch that makes every gathering brighter.

8.99

Alden's Organic Ice Cream

1.5 qts., selected varieties





everyday low price

2.49

Field Day
Organic Chicken
Broth
32 fl. oz.



2/\$7

From the Ground Up Cauliflower Crackers or Snacks

3.5-4.5 oz., selected varieties















Some items may not be available at all stores or on the same days.



Scan the QR code to learn more about the quality and values represented by these symbols.