

coop deals

DEC 17 - DEC 30, 2025

gather the snacks

DIP IT OR TOP IT

If holiday entertaining is stressing you out, just stop by the co-op and find plenty of delicious snacks. Mary's Gone Crackers — a gluten-free and organic choice that pairs well with dips, cheese balls and more — add a nice crunch to all the seasonal snacking. Find them at the co-op while they're on sale.



2/\$6

Mary's Gone Crackers
Organic Original Crackers
4 oz., selected varieties



2/\$6

Angie's
Boomchickapop
Popcorn
4.4-7 oz., selected
varieties



2/\$7

Q Mixers
Drink Mixers
4 pk.-7.5 fl. oz. cans,
selected varieties



3.79

Divina
Stuffed Grape
Leaves
7 oz.



Holiday entertaining is easy when you shop the co-op.
Refreshments for the season.



3.99 Green Valley
Organic Lactose-free
Cream Cheese
8 oz.



3.99
Ithaca
Hummus
10 oz., selected varieties

great rich taste

Light, creamy, and packed with rich flavor — this vegan, organic butter alternative is non-GMO, gluten-free, and dairy-free with just 80 calories per serving. It's perfect for cooking, baking, or spreading.

5.99

Earth Balance
Organic Whipped Buttery Spread
13 oz.



4.49
Silk
Plant-based
Creamer
32 fl. oz., selected varieties

COOPERATIVELY OWNED



4.99
Kerrygold
Pure Irish Butter
8 oz., selected varieties



5.49
Mt Vikos
Feta Cheese
6 oz., selected varieties

game on, cheddar fans

Crave cheddar without the dairy drama? Miyoko's Roadhouse Cheddar Spread is bold, tangy and ready for whatever your day looks like - from tailgates to bringing your snack table to life. Organic and 100% dairy-free indulgence.



5.49

Miyoko's Creamery
Organic Plant Milk
Cheese Spread
8 oz., selected varieties



5.49
Immaculate
Organic
Cinnamon Rolls
17.5 oz.



Dairy and nondairy options are at the co-op.

Some items may not be available at all stores or on the same days

must-taste
cheeses

COOPERATIVELY OWNED

From our aged parmesan to our award-winning Raw Sharp Cheddar, our cheeses will make any meal sing. All made with organic milk from pasture-raised cows for that incredible taste people have come to know and love.



4.49
Organic Valley
Shredded or Grated
Parmesan Cheese
4 oz., selected varieties



4.49
Organic Valley
Shredded Cheese
6 oz., selected varieties



5.49
Organic Valley
Raw Block Cheese
8 oz., selected varieties



6.99
Organic Valley
American Cheese
11 oz., selected
varieties



live probiotics

Enjoy the benefits of both PRO and PRE-biotics in a delicious-bubbly-on-the-go can of ORGANIC KEVITA Sparkling Refreshers or bottle of Master Brew Kombucha.

2/\$4

KeVita
Organic Sparkling
Drinks
12 fl. oz. can, selected varieties



5.49
San Pellegrino
Italian Sparkling Drink
6 pk.-11.15 fl. oz. cans, selected varieties



6.99
Wildbrine
Organic Sauerkraut
18 oz., selected varieties



7.69
Bubbies
Pickles or Pickle
Chips
33 fl. oz., selected
varieties



Fill the fridge with variety from the co-op.

Some items may not be available at all stores or on the same days



2/\$8
Cascadian Farm
Organic Frozen Potatoes
12-16 oz., selected varieties



4.99
Talenti
Gelato or Sorbetto
1 pt., selected varieties

INCLUSIVE TRADE PARTNER
Tucson Tamale started with a large Mexican-American family tradition and now makes award-winning tamales.



5.49 Tucson Tamale
Tamales
10-11 oz., selected varieties



2/\$7
Van's
Frozen Pancakes
or Waffles
8-12.4 oz., selected
varieties



5.49
Ben & Jerry's
Ice Cream or
Non-dairy Dessert
14.4-16 fl. oz., selected
varieties



6.49
Feel Good Foods
Appetizers
9-10 oz., selected
varieties

*pasta
perfected*

Mealtime has become practically effortless with Woodstock's Organic Frozen Pastas. Choose your favorite shape or filling and pair with any toppings you prefer. The possibilities are endless and delicious!



7.49 Woodstock
Organic Frozen Pasta
20 oz., selected varieties

INCLUSIVE TRADE PARTNER
Deep Indian Kitchen is owned by a third-generation Indian American family. We pride ourselves on being an authentic, restaurant-quality brand. All items are family recipes made from scratch.



5.49 Deep Indian Kitchen
Samosas
7.5-12 oz., selected varieties

Find dinner and dessert at the co-op.

Some items may not be available at all stores or on the same days



2/\$6

Pacific Foods
Plant-based
Beverages
32 fl. oz., selected
varieties



3.39

Woodstock
Organic Oats
16-18.5 oz., selected
varieties



delicious by nature

With a deep-rooted belief that nature makes it good, Nature's Path makes it taste great. We show our love for food and planet through commitments to always-organic, sustainable ingredients!

3.99

Nature's Path Organic
Cereal
9.5-14 oz., selected varieties



3.99

Bionaturae
Organic Fruit
Nectar
25.4 fl. oz., selected
varieties



*certified
gluten-free*

Indulge in the delicious taste, soft texture and large slices; you won't believe it's gluten-free bread.

5.99

Udi's Gluten Free
Sandwich Bread
12 oz., selected varieties



5.69

Bonne Maman
Fruit Curd or
Spread
12.7-13 oz., selected
varieties



everyday low price
18.99

Field Day
Organic Maple Syrup
32 fl. oz.

Delicious food is at the co-op.

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3.69

Bionaturae
Organic Tomatoes
24-28.2 oz., selected varieties



3.49

Native Forest
Organic Young
Jackfruit
14 oz.



15.99

Spectrum
Organic Extra Virgin
Olive Oil
25.4 fl. oz.



4.49

Pacific Foods
Organic Soup
32 fl. oz., selected
varieties



6.99

Stonewall
Kitchen
Jam or Jelly
12.25-13 oz., selected
varieties



6.99

Sir Kensington's
Mayonnaise
12 fl. oz., selected varieties



16.99

Zoe
Extra Virgin Olive
Oil
33.8 fl. oz.

holiday entertaining

Naturally smoked oysters are hand packed in pure olive oil at the peak of freshness, providing the flavor you expect. Try these in dips, chowders, sauces and your favorite recipes.

2/\$7

Crown Prince
Oysters
3 oz., selected varieties



4.99

Maille
Mustard
7-8.9 oz., selected varieties

Try something new from the co-op.

Some items may not be available at all stores or on the same days



2/\$7
Dandies
Marshmallows
10 oz., selected varieties



6.49
Enjoy Life
Baking Chips
9 oz., selected varieties



6.49
King Arthur
Baking Company
Unbleached All-
purpose Flour
5 lbs.



9.99
Navitas Organics
Unsweetened
Cacao Powder
8 oz.



17.99
Pamela's
Gluten-free
Pancake & Baking
Mix
4 lbs.

*exceptional flavor,
responsibly sourced*

COOPERATIVELY OWNED

Frontier Co-op® Vanilla Beans are grown sustainably, harvested with care and never compromised. Free from artificial flavors, sugars and preservatives, bringing unmatched depth and richness to your kitchen creations.

16.99
Frontier Co-op
Organic Vanilla Extract
4 fl. oz.



6.99
Simple Mills
Baking Mix
9-12.9 oz., selected varieties

scoop up the savings in bulk!



3.29 Organic
Sunflower Seeds
per pound in bulk



4.49 Organic Pitted
Deglet Dates
per pound in bulk



8.99 Organic Roasted &
Salted Pistachios
per pound in bulk

Bake like a pro with ingredients from the co-op.

Some items may not be available at all stores or on the same days



2/\$3
Rip Van
Wafels
1.16 oz., selected varieties



double delight

Twice the layers, twice the joy. Justin's Double Cups combine rich organic chocolate and nutty goodness for a snack so good other cups get jealous. Unwrap joy!

2/\$4

Justin's
Organic Candies
1.32-1.5 oz., selected varieties



Seasonal sweet treats from the co-op.
Yummy, irresistible chocolate.

indulge your way

Whether you enjoy a square (or two or three) as a midday treat or prefer baking delicious treats, the indulgent possibilities are endless.

3.79

Hu
Organic Chocolate Bar
2.1 oz., selected varieties



COOPERATIVELY OWNED



3.79

Blue Diamond
Nut Thins
4.25 oz., selected varieties

The co-op has treats for all your gatherings.

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2.29
Little Secrets
Crispy Wafers
1.4 oz., selected varieties



3.29
Kettle Brand
Potato Chips
4.25-5 oz., selected varieties



4.39
Alter Eco
Organic Chocolate Bar
2.65-2.82 oz., selected varieties



4.49
Divine Chocolate
Chocolate Bar
3 oz., selected varieties



3.99
Frontera
Salsa
16 oz., selected varieties



4.69
Mi Nina
Tortilla Chips
12 oz., selected varieties

sweet & savory

CELEBRATE WITH SNACKS
Ring in the new year with your favorite people, and stock up on goodies from the co-op! The co-op has great selections for everyone at the party. So, make it easier on yourself and find brands you can trust for your next get together.



All your delicious snacks are at the co-op.

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3.69

Tom's of Maine
Spearmint Floss
32 yds.



5.99

Tom's of Maine
Toothpaste
4-4.5 oz., selected varieties



5.39

Tom's of Maine
Wicked Fresh
Mouthwash
16 fl. oz., selected varieties



8.39

Tom's of Maine
Deodorant
3.25 oz., selected varieties

high standards

Our formulas are thoughtfully made by taking into consideration the purpose and source of our ingredients. We don't allow any artificial flavors, fragrances, colors, sweeteners or preservatives, and we don't test on animals.



6.39

Spry
Chewing Gum
100 ct., selected varieties



18.99

Kal
Magnesium
Glycinate 350
160 ct.



20.99

Smarty pants
Organic Kids Multi
& Omega
Gummies
120 ct.

where wisdom meets wellness



Whether it's a cup for conversation, finding your zen or settling digestive discomfort, Traditional Medicinals has a tea for that.

4.99

Traditional Medicinals
Herbal Tea
16 ct., selected varieties



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

Never miss a deal with the Co+op Deals app.

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INCLUSIVE TRADE PARTNER



ECOS is a Black- and woman-owned company that believes everyone has a right to a healthy home. We create cleaning products that protect the health and wellness of people, pets and the planet.



3.99 Ecos Dish Soap
25 fl. oz., selected varieties



2/\$5 Booda Organics Original Lip Balms
.15 oz.



2.69 Preserve Adult Toothbrush
each, selected varieties



3.79 Repurpose Plates or Bowls
20 ct., selected varieties



3.99 NOW Eucalyptus Essential Oil
1 fl. oz.



4.69 Mrs. Meyer's Hand Soap
10-12.5 fl. oz., selected varieties



6.99 Andalou Naturals Shampoo or Conditioner
11.5 fl. oz., selected varieties



13.99 Bass Large Square Paddle Hairbrush
each



9.49 Pranarom Organic Frankincense Essential Oil
.068 fl. oz.



14.99 Weleda Skin Food Cream
2.5 fl. oz.

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.



7.99 Badger Organic Body Balm
2 oz., selected varieties



34.99 Dr. Hauschka Rose Day Cream
1 fl. oz.

shop
inclusive
trade



The co-op has products for home and body care.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Everman Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Community Co-op
Blue Hill Co-op
Good Tern Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op
Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market
Berkshire Food Co-op
Green Fields Market
McCusker's Market
River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Potsdam Food Co-op
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op
Mariposa Food Co-op

South Philly Food Co-op
Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
Buffalo Mountain Market
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Morrisville Food Co-op
Putney Food Co-op
Rutland Area Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Lovettsville Co-op Market
Roanoke Co-op

See what's on sale with
the Co+op Deals app!

coop deals.

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

festive finish

From holiday pies to family favorites, a scoop of Alden's Organic is the sweet touch that makes every gathering brighter.

8.99

Alden's Organic
Ice Cream
1.5 qts., selected varieties



everyday low price

2.49

Field Day
Organic Chicken
Broth
32 fl. oz.



2/\$7

From the Ground Up
Cauliflower Crackers
or Snacks
3.5-4.5 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



NESE | 225B