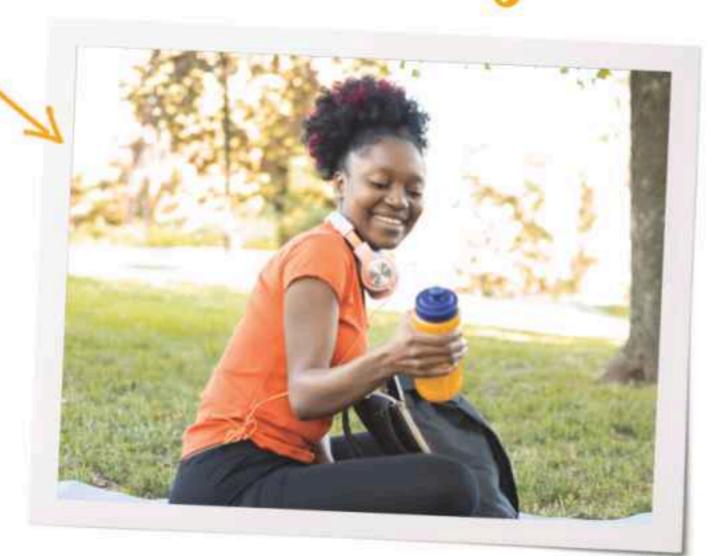
Ctop deals.

JUN 4 - JUN 17, 2025

summertime hydration



Support your active summer schedule by staying hydrated with Vita Coco's Coconut Water. Enjoy the refreshing benefits of coconuts grown on small farms in tropical locations around the world. Find Vita Coco on sale at the co-op and refuel your busy days.



3.99 Vita Coco Coconut Water

33.8 fl. oz., selected varieties

INCLUSIVE TRADE PARTNER

GoMacro is a woman-owned company. We make plant-based nutrition bars accessible nationwide with delicious recipes.



2/\$5

GoMacro
Organic MacroBar
2-2.4 oz., selected varieties



2/\$4
Icelandic Provisions
Traditional or
Extra Creamy Skyr
Yogurts
4.4-5.3 oz., selected

varieties



2/\$7
Montebello
Organic Pastas
16 oz., selected varieties



4.29

Back to Nature

Cookies
7.5-9 oz., selected varieties



Beat the summer heat at the co-op.

Meals and snacks for busy days.





3.79

Kite Hill
Dairy-free Dip or
Sour Cream
8 oz., selected varieties



5.99

Kite Hill
Dairy-free
Cream Cheese
8 oz., selected



4.29

Kite Hill
Almondmilk Yogurt
16 oz., selected varieties



6.49

Kite Hill
Dairy-free Filled
Pasta
9 oz., selected varieties



At **Kite Hill**, we reimagined our favorite foods with wholesome, plant-based ingredients that are good for our bodies and planet. From velvety Almond Milk Queso Dip to tangy, traditionally cultured Almond Milk Yogurt, we've made dairy-free delights for every meal.



2/\$6
Vive Organic
Wellness Shots
2 fl. oz., selected
varieties

varieties



5.39
Meyenberg
Goat Milk
32 fl. oz., selected

varieties





6.49
Wallaby Organic
Greek Yogurt
32 oz., selected varieties



simple ingredients, protein-rich



FAGE Total Plain 5% Yogurt
— whole milk Greek yogurt
that is deliciously rich and
creamy. The possibilities are
never-ending. Good things
start here.

2.99

Fage
Greek Yogurt
16 oz., selected varieties

The co-op has dairy and nondairy options.



From adaptogen-packed proteins to smooth, energizing cold brew, we're serious about crafting better-for-you beverages.



2/\$6

Chameleon Cold Brew Organic Ready-to-Drink Coffees

10 fl. oz., selected varieties

3.99

Rebbl

REVIVE

CHOCOLATE

200mg

Organic Functional Beverages

REBBL

PROTEIN

CHOCOLATE

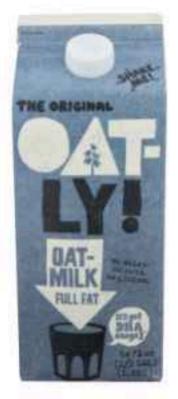
USDA

12 fl. oz., selected varieties



6.99

Chameleon Cold Brew Organic Coffee Concentrate 32 fl. oz., selected varieties



4.49

Oatly
Oatmilk
64 fl. oz., selected varieties





4.99

Crganic Kefir 32 fl. oz., selected varieties



juice to boost

Come for the fresh flavor of bright citrus and tropical fruits, and get ready to take on the day with the vitamin C in this satisfying organic, cold-pressed juice.

3.99

Evolution Fresh
Organic Juice or Smoothie
15.2 fl. oz., selected varieties

COOPERATIVELY OWNED



4.99

Organic Valley
Ultra Pasteurized
Half & Half
1 qt.

USDA ORGANIC

Find the drinks you love at the co-op.



4.29

Petit Pot French Dessert 2 pk.-4 oz., selected varieties



4.49 Upton's Naturals Seitan

5-8 oz., selected

varieties



KeVita Sparkling Prebiotic Lemonades 12 fl. oz. can, selected varieties



Califia Farms Barista Blend Plantmilk 32 fl. oz., selected varieties



5.29 Follow Your Heart Vegenaise 14 fl. oz., selected varieties



from organic family farms

COOPERATIVELY OWNED

Organic Valley raw block cheeses are made with organic milk from pastureraised cows on our small family farms. Each delivers rich, complex flavors that will tantalize any cheese lover's palette. Enjoy.

Organic Valley Raw Block Cheese

8 oz., selected varieties





Miyoko's Creamery Plant Milk Cheese Spread 8 oz., selected varieties

Stock the fridge with new options from the co-op.



2/\$5
Stahlbush Island
Farms
Frozen Vegetables
10 oz., selected varieties



4.49
Jolly Llama
Frozen Novelties
10.6-14.25 fl. oz., selected varieties





4.99

JonnyPops
Frozen Novelties
6.72-14.8 fl. oz., selected varieties



4.99
So Delicious
Dairy-free Frozen
Dessert
1 pt., selected varieties



5.49
Little Northern
Bakehouse
Gluten-free Bread
16-17 oz., selected
varieties



Take time to play and relax together.

Create sweet memories.





STOCK UP ON SUMMER TREATS

Gathering the family for summertime BBQs? Don't forget to stock up on frozen desserts at the co-op. With plenty of options available, a sweeter time together is easy. Cool off and enjoy the sunshine with your favorite treats.

Sweet treats for the family are at the co-op.



2/\$5
Westbrae
Organic Beans
15 oz., selected varieties



3.99
St. Dalfour
Fruit Spread
10 oz., selected varieties



3.79
Divina
Stuffed Grape
Leaves
7 oz.



2/\$6 Safe Catch Elite Wild Tuna 5 oz.



4.99
Maille
Mustard
7.3-8.9 oz., selected varieties



4.99 Sky Valley Sriracha Sauce 18.5 oz.



14.99 Zoe Extra Virgin Olive Oil 33.8 fl. oz.





enjoy pasta, minus gluten

Experience authentic, gluten-free penne and fusilli, crafted with traditional techniques and organic ingredients. Enjoy the perfect balance of flavor and texture in every bite, bringing Italy's finest to your table.

3.69

Jovial
Organic Brown Rice Pasta
12 oz., selected varieties



Once Again
Organic Sesame Tahini
16 oz.

Stock the pantry with help from the co-op.



2/\$6 Chocolove Chocolate Bars 2.9-3.2 oz., selected varieties



2/\$3

Epic
Meat or
Seafood Strips
.8 oz., selected varieties



2/\$7
Lundberg Family
Farms
Rice Chips
6 oz., selected varieties



2/\$6
The Good Crisp
Potato Chips
5.5 oz., selected varieties





3.29
Good Health
Snacks
5-6.25 oz., selected varieties



4.79
Sahale Snacks
Nut Mix
4 oz., selected varieties

unwrap your values.

From regenerative farming to compostable wrappers, every bite supports ethical sourcing, fair trade wages and a planet-first approach to indulgence.

2/\$7

Alter Eco
Organic Chocolate Bars
2.65-2.96 oz., selected varieties







4-9 Loacker Wafer Cookies 7.76-8.82 oz., selected varieties

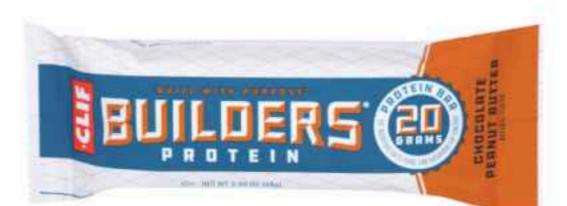
The co-op has great snack options.



Rxbar

Protein Bars

1.83-1.9 oz., selected varieties



Clif **Builders Protein Bars** 2.4 oz., selected varieties



2/\$8

Cascadian Farm Organic Cereals, Granolas or Granola Bars 6.2-14.6 oz., selected varieties



Pamela's Whenever Bars 5 pk.-1.41 oz., selected varieties



8.99 **Navitas Organics** Unsweetened Cacao Powder 8 oz.

tastes like good times



Back to Nature — bringing sunshine to snack time since 1960. Remaking America's favorite snacks with honest-to-goodness ingredients. Simple joys, no regrets, happy days.

Back to Nature Crackers

3.2-7 oz., selected varieties

INCLUSIVE TRADE PARTNER

Back Roads Granola is a woman-owned company. We started on a small farm in Vermont and now sell organic gluten-free granolas throughout the U.S.



Back Roads Granola Organic Granola 10 oz., selected varieties

scoop up the savings in bulk!



3.19 Organic Thompson Raisins per pound in bulk



5.49

Organic Date Coconut Rolls per pound in bulk



Organic Turkish Apricots per pound in bulk

The co-op has snacks for summer activites.





3/\$5

Just Ice Tea

Organic Teas

16 fl. oz., selected

varieties



2/\$4
Yachak Organic
Yerba Mates
16 fl. oz., selected
varieties



2.29
San Pellegrino
Sparkling Mineral
Water
25.3 fl. oz.



2/\$5
Odyssey
Energy + Focus
Drinks
12 fl. oz., selected
varieties



everyday low price

3.99

Field Day
Sparkling Soda
4 pk.-12 fl. oz., selected
varieties

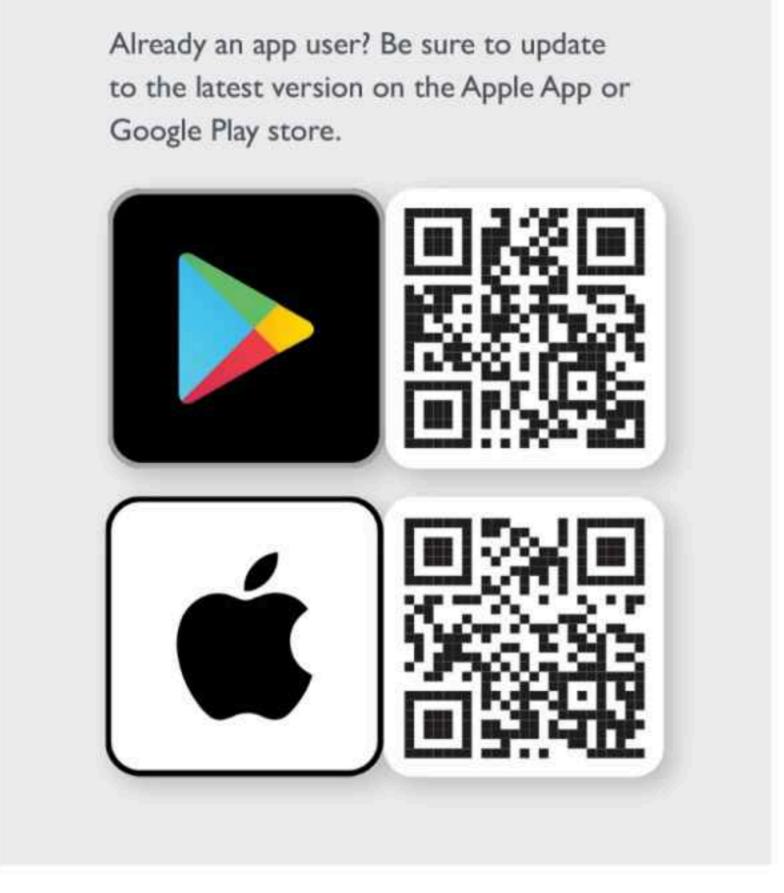


5.49
Lakewood
Fruit Juice
32 fl. oz., selected varieties



5.49
LaCroix
Sparkling Water
12 pk.-12 fl. oz. cans,
selected varieties







3/\$5 Nixie Zero Sugar Sodas 12 fl. oz. can, selected varieties

Download the Co+op Deals app today!

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We create organic body care products with nourishing nutrients.



8.99

Badger
Mineral
Sunscreen Cream
2.9 fl. oz., selected
varieties



digestive enzymes

Digest Gold® is formulated with our proprietary Thera-blend® technology and I4+ quality enzymes. It's vegan and kosher, and it contains no artificial colors, flavors or fillers.

Bo 99 Enzymedica Digest Gold



18.99

Kal Magnesium Glycinate 350 160 ct.





31.99

Four Sigmatic
Organic Plant-based
Protein Powder
16.9-21.16 oz., selected
varieties

omega-3s for everyday health

Nordic Naturals Ultimate Omega® is sustainably sourced from wild-caught fish and molecularly distilled to deliver powerful omega-3 support that meets or exceeds the strictest standards for purity and freshness!

53.99

Nordic Naturals
Ultimate Omega
180 ct.





Country Life
Easy Iron 25mg
90 ct.

Find all your wellness items at the co-op.



3.29

Dr. Bronner's
Pure Castile Bar Soap

5 oz., selected varieties



4.69

Seventh Generation All-purpose Cleaner

23 oz., selected varieties



10.99

Woodstock
Lump Hardwood Charcoal
8.8 lbs.





8.49
Humble
Plastic-free
Deodorant

2.65 oz., selected

varieties



13.99
Weleda
Skin Food Cream

2.5 fl. oz.

50+ years of clean

INCLUSIVE TRADE PARTNER

ECOS is a Black-owned and womenled company, dedicated to protecting the wellness of people and the planet with sustainable cleaning products that are also 100% vegan formula and Safer Choice Certified.

3.79

Ecos

Dish Soap

25 fl. oz., selected varieties





The brands you trust are at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market Ever'man Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Community Co-op
Blue Hill Co-op
Good Tern Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op
Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market
Berkshire Food Co-op
Green Fields Market
McCusker's Market
River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op

Hanover Co-op Food Stores

Littleton Food Co-op

Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Potsdam Food Co-op
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op
Mariposa Food Co-op

South Philly Food Co-op Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
Buffalo Mountain Market
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Morrisville Food Co-op
Putney Food Co-op
Rutland Area Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Lovettsville Co-op Market
Roanoke Co+op

See what's on sale with the Co+op Deals app!



Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

the importance of sustainability

Founded to be good for people and good for the planet, **Tom's** is serious about sustainability! We work hard to ensure that everything from our ingredients to our packaging are thoughtfully sourced, derived and developed to be environmentally and socially responsible.



3.69
Tom's of Maine
Spearmint Floss
32 yds.



5.49
Tom's of Maine
Mouthwash
16 fl. oz., selected varieties



Tom's of Maine
Whole Care
Toothpaste
4 oz., selected varieties



Tom's of Maine
Deodorant
3.25 oz., selected varieties



USDA ORGANIC











Some items may not be available at all stores or on the same days.



Scan the QR code to learn more about the quality and values represented by these symbols.

