

# PLANT A SEED

Vermont Libraries 2023





# Thank you!

Slow Food Vermont and the Vermont Library Association would like to thank City Market for the 2023 Seedling Grant that made it possible to share the “Good, Clean and Fair” message with communities across the Green Mountain State. Helping Vermonters grow their own foods and access locally grown foods supports food sovereignty, a mission that we all embrace.

**Francesca Arato & Margaret Woodruff  
Co-Chairs, Slow Food Vermont**



# Slow Food Vermont

## Who We Are

Vermonters creating community through the celebration of good, clean, and fair food—locally and globally.



# Plant a Seed Project



## Vision

Purchase and distribute Plant-a-Seed kits to Vermont libraries.

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## Mission

Help our communities grow and enjoy gardens that celebrate biodiversity on farms, in gardens, and at the library.

# Details



01

## Information

Distribute details of Plant-a-Seed kits to library community through listserve and newsletters

02

## Application

Ask interested libraries to request seed kits

03

## Distribution

Prepare and mail kits to accepted libraries

04

## Follow Up

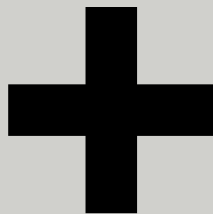
Gather reports about garden projects and seed distribution at libraries.



**Plant  
a Seed**

**\$1,000**

**What  
does  
\$1000  
buy?**



# Plant-a-Seed Impact



**\$1200**

**FOR SEEDS**

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- Seed Kits included  
Collard Greens, Romaine  
Lettuce, Kale, Red  
Amaranth, Mustard  
Greens, Green Pac Choy

**58**

**LIBRARIES**

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- Share seeds
- Grow community  
gardens
- Promote food  
sovereignty

**23000**

**PEOPLE**

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- Gain access to local  
produce
- Grow own food
- Celebrate biodiversity



# THANK YOU

Slow Food Vermont