

coop deals

DEC 20, 2023 - JAN 2, 2024

melted gold →

Winter days are cozier with delicious baked goods, and Kerrygold Pure Irish Butter is perfect for baking your favorite festive treats. Made from grass-fed cow's milk, the creamy texture is a favorite for everyone, so be sure to find it at the co-op on sale now.



3.99

**Kerrygold
Pure Irish Butter**
8 oz., selected varieties



2/\$7

**Q Mixers
Drink Mixers**
4 pk.-7.5 fl. oz. cans,
selected varieties



Cooperatively Owned

11.99

**Equal Exchange
Organic Coffee**
per pound in bulk,
selected varieties

INCLUSIVE TRADE PARTNER

Siete Family Foods is a Hispanic-owned and mission-based company passionate about making and sharing real food.



2/\$6

**Siete
Grain-free Cookies**
4.5 oz., selected varieties



6.99

**Thousand Hills
100% Grass-fed
Ground Beef 80%
Lean 20% Fat**
16 oz.



9.49

**American
Flatbread
Pizza**
13.8-18.62 oz., selected
varieties



The co-op has ingredients for all of your gatherings.
Make holiday baking fun!



2/\$6

**Cascadian Farm
Organic Frozen
Vegetables**

10 oz., selected varieties



delicious sour cream

COOPERATIVELY OWNED

Made with organic milk from cows pasture raised on our small, organic family farms, our fresh and creamy sour cream has a tangy flavor to liven up your next dish.

3.79

**Organic Valley
Sour Cream**

16 oz., selected varieties



2/\$5

**Health-Ade
Organic
Kombucha**

16 fl. oz.,
selected varieties



4.49

**Mt Vikos
Organic Feta
Cheese**

6 oz.



6.99

**Bubbies
Kosher Dill
Pickles**

33 fl. oz.,
selected varieties



*deliciously
gluten free*

Canyon Bakehouse® breads are deliciously made with 100% whole grains and free from gluten, dairy, nuts and soy.

5.99

**Canyon Bakehouse
Gluten-free Bread**

18 oz., selected varieties



4.79

**Earth Balance
Buttery Spread or Sticks**

13-16 oz., selected varieties

Find fixings for every meal at the co-op.



4.29

**The Greek Gods
Greek Yogurt**
24 oz., selected varieties

luscious and lactose free

Real dairy sour cream, with all the richness and versatility but none of the lactose! Perfect for your favorite holiday recipes, from creamy dips and sauces to mouth-watering desserts.

3.79

**Green Valley
Organic Lactose-free Sour Cream**
12 oz.



5.49

**Immaculate
Organic Cinnamon
Rolls**
17.5 oz.



4.49

**Rumiano
Organic Block Cheese**
8 oz., selected varieties

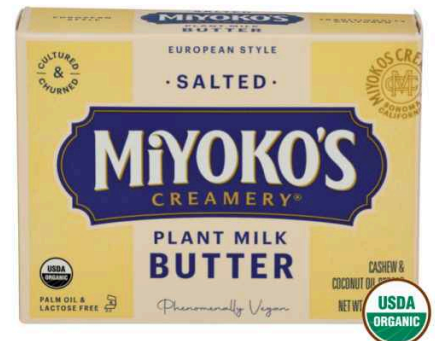


honest, ethical food

We're committed to improving the lives of people, animals and the planet through food — working with small family farms to bring you delicious eggs and butter you can trust.

3.49

**Vital Farms
Butter**
8 oz., selected varieties



4.79

**Miyoko's Creamery
Organic Plant Milk Butter**
8 oz., selected varieties

The co-op has dairy and dairy-free options.



2/\$8

Mom's Best Cereals
17.5-24 oz., selected varieties

where wisdom meets wellness

Whether it's a cup for conversation, finding your Zen, or settling digestive discomfort, Traditional Medicinals has a tea for that.

4.49

Traditional Medicinals
Organic Herbal Tea
16 ct., selected varieties



4.49

R.W. Knudsen
Organic Cranberry Pomegranate Juice
32 fl. oz.



3.29

Woodstock
Organic Instant Oatmeal
16 oz.



5.49

Numi
Organic Tea
12-18 ct., selected varieties



5.99

Enjoy Life
Baking Chocolate
9-10 oz., selected varieties

flavorful, responsibly sourced seasonings



COOPERATIVELY OWNED

Add a dash of holiday cheer to your favorite dish with your purchase of Fair-Trade Ceylon Cinnamon that empowers farming communities at the source.

5.49

Frontier Co-op
Organic Ground Ceylon Cinnamon
1.76 oz.



6.49

King Arthur Baking Company
Flour
5 lbs., selected varieties

Stay cozy all winter when you shop the co-op.



3.99

**Pacific Foods
Organic Broth**
32 fl. oz., selected varieties



taste the magic

Dr. Bronner's Magic All-One Chocolate: pairing world-class Swiss chocolatiers with fairly treated cocoa farmers practicing regenerative organic agriculture. All vegan, 70% cocoa, sweetened with coconut sugar and perfectly balanced!

3.79

**Dr. Bronner's
Organic Chocolate Bars**
2.93-3 oz., selected varieties



2/\$7

**Health Valley
Organic Soup**
14.5-15 oz., selected varieties



3.99

**Explore Cuisine
Organic Pasta**
8 oz., selected varieties

sun kissed in the Mediterranean



Mediterranean Organic Olives are organically grown and tree ripened in rich mineral soil on family farms in Greece. This ancient fruit has a variety of flavors that are perfect for a delicious light snack or to complement your favorite dish.

3.99

**Mediterranean Organic
Olives**
8.1-8.5 oz., selected varieties



10.99

**Spectrum
Organic Extra
Virgin Olive Oil**
25.4 fl. oz.

Find the brands you love at the co-op.



4.49

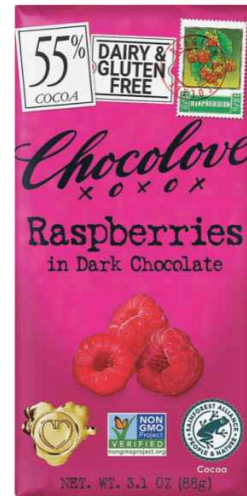
**Garden of Eatin'
Tortilla Chips**
16 oz., selected varieties

dark chocolate joy and delight

Chocolove is the epitome of premium chocolate craftsmanship. Ethically sourced and made with the finest ingredients, each bite delivers a rich, velvety experience perfect for holiday indulgence. Share the love.

2/\$5

**Chocolove
Chocolate Bars**
2.9-3.2 oz., selected varieties



2/\$6

**R.W. Knudsen
Organic Sparkling
Apple Juice**
25.4 fl. oz.



2/\$6

**Divine Chocolate
Chocolate Bars**
3 oz., selected varieties



4.49

**Carr's
Crackers**
4.25-7.1 oz., selected varieties

crunchy and gluten free



A combination of organic whole brown rice, quinoa, flax seeds and sesame seeds are the base of Mary's Gone Crackers wildly delicious snacks.

3.99

**Mary's Gone Crackers
Organic Crackers**
5-6.5 oz., selected varieties



5.99

**San Pellegrino
Italian Sparkling Drink**
6 pk.-11.15 fl. oz. cans, selected varieties

The co-op has great options for holiday parties.



7.49
Avalon Organics
Shampoo or Conditioner
11 fl. oz., selected varieties



2.49
Preserve
Adult Toothbrush
each, selected varieties



2/\$5
Booda Organics
Original Lip Balm
.15 oz.



6.99
Shikai
Shampoo or
Conditioner
12 fl. oz., selected
varieties



2/\$7
One With Nature
Dead Sea Mineral
Bar Soap
7 oz., selected varieties



3.49
Ecover
Liquid Dish Soap
25 fl. oz., selected
varieties



everyday low price
8.99
Field Day
100% Recycled
Bath Tissue
12 ct.



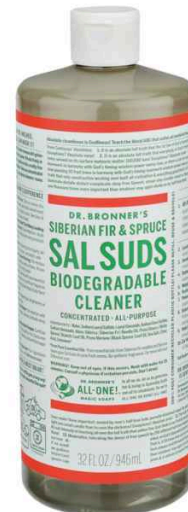
9.49
Now
Lavender Oil
1 fl. oz.



15.49
Derma E
Vitamin C
Concentrated
Serum
2 fl. oz.



17.99
Natural Factors
Stress Relax
Tranquil Sleep
60 ct.



9.99
Dr. Bronner's
Sal Suds
32 fl. oz.



29.99
Solaray
Mycrobiotic
Women's Probiotic
30 ct.



39.99
Ancient Nutrition
Bone Broth
Protein Powder
15.7-17.9 oz., selected
varieties

Jump into the new year feeling your best.

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Everman Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Community Co-op
Blue Hill Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market
Berkshire Food Co-op
Green Fields Market
McCusker's Market

River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Potsdam Food Co-op
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
SHARE Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op
Mariposa Food Co-op
South Philly Food Co-op
Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Lovettsville Co-op Market
Roanoke Co-op



*to find a food co-op near
you, visit us online at:
grocery.coop*



*America's
favorite organic
ice cream*

Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.

8.99

**Alden's Organic
Ice Cream**
48 fl. oz., selected varieties



3.49

**Quinn
Pretzel Nuggets**
5-7 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.

