

# Brian Scott Tobin

## PURPOSE

To serve as a member of the Board of Directors at City Market Coop for a three-year term.

## EDUCATION

University of Vermont Graduate College- Burlington, Vermont  
Master's of Science in Clinical Mental Health Counseling.

Clarkson University- Potsdam, New York  
B.S. Business and Technology Management/ Humanities

## RELEVANT WORK EXPERIENCE

Private Practice Psychotherapy Practice- Shelburne, Vermont 1/1/2021- Present  
Private practice providing Integrative Psychotherapy Services. Individual and couples therapy in a private practice setting.

Middlebury College- Middlebury, VT June 2018- June 2021  
Post-Graduate Counseling Fellow. Counselor providing individual psychotherapy sessions to Middlebury College students to promote emotional insight and wellness.

Anderson Freeman Center Consultant Fall 2018- June 2021  
Consultation for Diversity, Equity, and Inclusion goals and to increase mental health services for students from marginalized social locations. Development of trainings and presentations for the peer leader and peer mentor programs.

Laughing River Yoga - Burlington, VT November 2012- Present  
Teacher for weekly drop-in public Hatha/Raja yoga and meditation classes. Offered public workshops, series, and private instruction. Mentor and teacher in 200- and 300-Hour Teacher Training Programs. Studio Manager from 2014- 2016.

Red Wagon Plants- Hinesburg, Vermont March 2014- August 2018  
Seasonal delivery and sales management for medium-scale organic seedling business. Sales distribution throughout the Northeast and management of local business relationships. Worked with owner to expand business relationships and negotiate new business arrangements with various customers.

Adam's Berry Farm- Charlotte, Vermont April 2013- November 2013  
Full season apprenticeship on large organic berry farm. Learned IPM techniques, pruning, harvesting, and sales of premium quality fruit and value-added products.

## SKILLS AND PROFICIENCIES

Effective communicator, versed in business management and financial operations, empathetic, patient, and committed to justice.

## OTHER INTERESTS

Gardening, travel, outdoor recreation, meditation, yoga, non-violent communication, local and organic foods, food systems, family, and community.