

coop deals

JUL 13 - AUG 2, 2022



frozen treats for all

The hot days of summer call for cold, sweet treats. Cosmic Bliss organic pints are so good you won't have any problem finishing your treat before it melts. Stop by while they're on sale at the co-op!

4.99

**Cosmic Bliss
Organic Dairy-free
Frozen Dessert**
14 fl. oz., selected varieties



2/\$3

**Liberte
Organic Yogurt**
5.5 oz., selected varieties



3/\$5

**Santa Cruz
Organic
Lemonade**
32 fl. oz., selected varieties



3.99

**Mary's Gone
Crackers
Organic Crackers**
5-6 oz.



3.99

**Siete
Tortilla Chips**
5 oz., selected varieties



4.49

**Gardein
Plant-based
Burgers**
12 oz., selected varieties



7.49

**Field Day
Almond Butter**
16 oz., selected varieties



Shop the co-op for your next picnic.
Cool treats for hot days.



2/\$6

Rebbl
Organic Elixir
12 fl. oz., selected varieties



1.29

Forager Project
Organic
Cashewmilk
Yogurt
5.3 oz., selected varieties



2/\$5

Health-Ade
Organic
Kombucha
16 fl. oz., selected varieties



3.49

Lightlife
Smart Dogs
12-13.5 oz., selected varieties



2/\$4

Noosa
Yoghurt
8 oz., selected varieties



2/\$4

Mountain Valley
Spring Water
33.8 fl. oz., selected varieties

honest food, ethically produced



Our mission is to bring ethical food to the table. All our eggs are pasture-raised, meaning the hens that produce them are free to roam in healthy pastures year-round.



1.79

True North
Energy Seltzer
12 fl. oz., selected varieties

4.79

Vital Farms
Large Grade A
Pasture-raised Eggs
1 doz., selected varieties

Start the day with favorites from the co-op.



5.49
Silk
Soy Milk Yogurt
24 oz., selected
varieties



5.49
Miyoko's
Creamery
Organic Liquid
Vegan Pizza
Mozzarella
16 oz.



2/\$7
Ithaca
Hummus
10 oz., selected
varieties



4.49
Hodo
Organic Tofu
Nuggets, Cubes
or Burgers
8 oz., selected varieties



4.49
Harmless Harvest
Organic Coconut
Water
16 fl. oz.



cream of the crop

Made with milk and cream from our pasture-raised cows, Organic Valley Half and Half and flavored creamers are the perfect complement to your mornings.

3.99

Organic Valley
Creamer or Half & Half
25.4-32 fl. oz., selected varieties



2/\$7

Blue Diamond
Almondmilk
64 fl. oz., selected varieties

Try something new from the co-op.



2/\$7

Ecos
Liquid Dish Soap
25 fl. oz., selected
varieties



2/\$4

Green Forest
Bath Tissue
4 pack



3.99

Talenti
Gelato or
Sorbetto
1 pint, selected varieties



3.99

Oatly
Non-dairy Frozen
Dessert
1 pint, selected varieties



2/\$5

Nature's Path
Organic
Waffles
7.4-7.5 oz., selected
varieties



5.49

Food For Life
Organic Ezekiel
4:9 Bread
24 oz., selected varieties



sweet snacks for all

From America's best-selling organic brand, these treats are a perfect grab-and-go option. Make snack time anytime!

2/\$9

Alden's Organic
Frozen Novelties
3-4 ct., selected varieties



2/\$6

Cascadian Farm
Organic Frozen Fruit
8-10 oz., selected varieties

There's something for everyone at the co-op.



4.99
Spectrum
Organic Mayonnaise
16 fl. oz.



3.29
Bragg
Organic Apple
Cider Vinegar
16 fl. oz.



2/\$7
Vita Coco
Coconut
Water
33.8 fl. oz.,
selected varieties



8.99
Napa Valley
Naturals
Organic Extra
Virgin Olive Oil
25.4 fl. oz.



5.49
Sir Kensington's
Classic Mayonnaise
12 fl. oz., selected
varieties



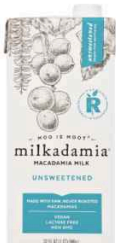
2/\$5
Tasty Bite
Indian Entrees
10 oz., selected varieties



2.29
Blue Diamond
Shelf Stable Almondmilk
32 fl. oz., selected varieties



6.99
Raos Homemade
Pasta Sauce
24 oz., selected varieties



2/\$7
Milkadamia
Macadamia Milk
32 fl. oz., selected
varieties



3.69
Rise Brewing Co.
Organic Oatmilk
32 fl. oz., selected
varieties

The co-op has ingredients to stock your pantry.



1.89
Earth's Best
Organic
Yogurt
Smoothie
Pouch
4.2 oz., selected
varieties



2/\$6
Kashi
Cereal
12-16.3 oz., selected
varieties



2/\$7
Annie's Homegrown
Organic Bunny Crackers
or Grahams
7-7.5 oz., selected varieties



2/\$3
Clif Builders
Protein Bars
2.4 oz., selected varieties



2/\$3
Epic
Jerky Strips
.8 oz., selected varieties



6.49
Reed's
Ginger Brew
4 pk.-12 fl. oz. bottles,
selected varieties



7.99
Equal Exchange
Organic Coffee
10-12 oz., selected
varieties

100% real, 100% delicious



We believe that real
life calls for real
ingredients. That's
why at LARABAR
every delicious bar is
made with 100% real
ingredients. Indulge
in something real!

4/\$5
Larabar
Fruit & Nut Bars
1.6-1.7 oz., selected varieties



2/\$7
Quinn
Pretzel Nuggets
5-7 oz., selected varieties

The brands you love are at the co-op.

summer picnic snacks

Made with the finest ingredients and packed with flavor, our Late July® Tortilla Chips are perfect for your summer picnic. Make sure you have plenty in your basket!

2.79

Late July
Tortilla Chips
7.4-10.1 oz., selected varieties



4.49

Nixie
Organic Sparkling
Water
8 pk.-12 fl. oz. cans, selected varieties



2/\$7

Terra
Vegetable Chips
5-6 oz., selected varieties



2/\$6

Equal Exchange
Organic
Chocolate Bars
2.8-3.5 oz., selected
varieties



2/\$5

Boulder Canyon
Potato Chips
5.25-6.5 oz., selected
varieties



3.29

Field Day
Organic Golden
Round Crackers
8 oz.



2/\$7

Tony's
Chocolonely
Chocolate Bars
6.35 oz., selected
varieties



2/\$6

Frontera
Salsa
16 oz., selected varieties

Find delicious options throughout the co-op.

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Ever'man Cooperative Grocery & Cafe

GEORGIA

Daily Groceries Co-op
Sevananda Natural Foods Market

MAINE

Belfast Co-op
Blue Hill Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Berkshire Food Co-op
Green Fields Market
McCusker's Market

River Valley Co-op

Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op
Mariposa Food Co-op
Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Roanoke Co-op



*to find a food co-op near
you, visit us online at:
grocery.coop*



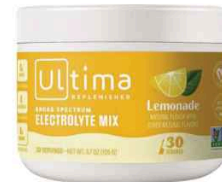
35.99

**Vital Proteins
Unflavored Collagen
Peptides**
20 oz.



6.99

**Bach
Rescue Remedy
Pastilles**
35 ct., selected varieties



13.99

**Ultima
Replenisher
Electrolyte
Powder**
3.2-3.7 oz., selected
varieties



18.99

**Enzymedica
Digest Gold**
45 ct.



52.99

**Nordic Naturals
Ultimate Omega**
180 ct.

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

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