

co+op deals

JUN 29 - JUL 12, 2022

perfect crunch

SUMMER SNACKING

The sunny days of summer are best with snacks on hand. Shop the co-op for flavorful snacks, perfect for outdoor adventures. Try Garden of Eatin' Blue Chips — on sale and always delicious!



3.99

Garden of Eatin'
Tortilla Chips
16 oz., selected varieties



2/\$5

GT's
Organic
Kombucha
16 fl. oz., selected
varieties



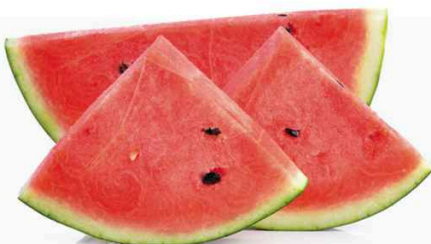
2/\$6

Angie's
Boomchickapop
Popcorn
4.4-7 oz., selected
varieties



4.99

So Delicious
Dairy-free Frozen
Dessert
1 pint, selected varieties



Enjoy your BBQ with deals from the co-op.
Summertime snacks for all.



79¢

**Brown Cow
Cream Top
Yogurt**
5.3 oz., selected varieties



*better for you
and the planet*

The plant-based Beyond Burger enables you to eat what you love without having to compromise on taste, health or sustainability — making it a must-have for summer grilling.

3.99

**Beyond Meat
Beyond Burgers**
8 oz.



2/\$7

**Silk
Plant-based Milk**
64 fl. oz., selected varieties



4.99

**Field Roast
Plant-based
Sausages**
12.95 oz., selected varieties



6.99

**Bubbies
Kosher Dill
Pickles**
33 fl. oz., selected varieties

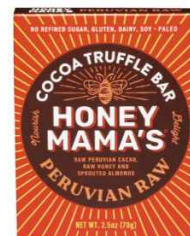


*the original
organic hummus*

HOPE Hummus is the original organic hummus and the only hummus brand made with 100% organic extra virgin olive oil. Try HOPE for a flavor difference you will taste.

2/\$7

**Hope Foods
Organic Hummus**
8 oz., selected varieties



3.99

**Honey Mama's
Cocoa Truffle Bar**
2.5 oz., selected varieties



The co-op has backyard meal favorites.



2/\$9

Bitchin' Sauce
Almond Dip
8 oz., selected varieties



3.99

Upton's Naturals
Seitan
8 oz., selected varieties

fun with food together

FAMILY FRIENDLY MEALS

Let your creativity flow as you put together fun sandwich faces, all with great ingredients from the co-op! The possibilities are endless. Have fun with it, and check out more original recipe ideas at grocery.coop.



The co-op makes lunch easy.

Delicious sandwich fixings.



3.99

Violife
Just Like Cheese Shreds
8 oz., selected varieties



4.99

Organic Valley
Sliced Cheese
6-8 oz., selected varieties



4/\$5

Fage
Greek Yogurt
5.3 oz., selected varieties



4.99

Forager Project
Organic
Cashewmilk
Yogurt
24 oz., selected varieties

Healthy lunch ingredients are at the co-op.



1.79

**Woodstock
Frozen Vegetables**
10 oz., selected varieties



*Good Pops.
Good purpose.*

The "Good" in our name isn't just about the ingredients we use or the way our products taste — it's an integral part of our company's mission and dedication to using our frozen treats as a vehicle to do social, environmental good.

3.99

**Goodpop
Frozen Pops**
4-8 ct., selected varieties



Frozen favorites for hot summer days.

Cool off and save at the co-op.



more love, more euphoria

Perfectly euphoric for dessert lovers looking for the classic Ben & Jerry's Chunks & Swirls. Dig into peace, love and ice cream.



2/\$9

**Ben & Jerry's
Ice Cream**
1 pint, selected varieties



3.99
**Wyman's
Frozen Wild
Blueberries**
15 oz.



Shop the co-op's frozen section.



2/\$7

**Annie's
Organic Dressing**
8 fl. oz., selected varieties



*sunkissed in the
Mediterranean*

Bring the Mediterranean flavor to your table with 100% authentic Greek Mediterranean Organic Olives! Organically grown and harvested olives that are perfect for a light snack or to complement your favorite dish!

3.99

**Mediterranean Organic
Olives**
8.1-8.5 oz., selected varieties



2/\$6

**San-J
Cooking Sauce**
10 fl. oz., selected varieties



2/\$6

**Amy's
Organic Refried
Beans**
15.4 oz., selected varieties



6.99

**Carbone
Pasta Sauce**
24 oz., selected varieties



*No added sugar?
Sweet.*

Get more flavor this summer with condiments made with real, delicious ingredients.

6.99

**Primal Kitchen
Avocado Oil Mayo**
12 fl. oz., selected varieties



2.79

**Wild Planet
Skipjack Tuna**
5 oz., selected varieties

The co-op has great summertime deals.



create a summer spread

Where there's a grill, there are people gathering together, enjoying the warmth of summer and great food. The co-op makes it easy to find everything on your shopping list for outdoor meals, so stop by and pick up something for everyone.



5.99
Applegate
Organic Uncured
Beef Hot Dogs
10 oz.



3.99
Udi's
Gluten-free Hamburger
or Hot Dog Buns
6-8 ct., selected varieties



10.99
Riojana
Organic Fair Trade
Extra Virgin Olive Oil
25.5 fl. oz., selected varieties



3.99
Green Mountain Gringo
Salsa
16 oz., selected varieties



6.99
Alden's Organic
Ice Cream
48 fl. oz., selected varieties



Share a meal together from the co-op.

The co-op has you covered all summer long.

Some items may not be available at all stores or on the same days

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2/\$6

**Lily's
Chocolate Bars**
2.8-3 oz., selected varieties



find your flavor

Zevia makes finding your favorite flavor FUN. Always zero sugar, zero calories and naturally sweetened, our better-for-you beverages are perfect for the whole family.

4.49

**Zevia
Zero Calorie Soda**
6 pk.-12 fl. oz. cans, selected varieties



Snacks for the whole family are at the co-op.
Tasty snacks and drinks.



2/\$6

**Kettle Brand
Potato Chips**
5 oz., selected varieties



4.49

**Waterloo
Sparkling Water**
12 pk.-12 fl. oz. cans,
selected varieties

Find cold drinks and great snacks at the co-op.



2.79

**From The Ground Up
Cauliflower Snacks**
3.5- 4.5 oz., selected varieties



*clean energy, same
product – new look!*

Yachak Organic is yerba mate derived from the South American rainforest holly tree. Naturally caffeinated, Yachak Organic is also certified fair trade, non-GMO, USDA Certified Organic and gluten free.

3 / \$5

**Yachak
Organic Energy Tea**
16 fl. oz., selected varieties



3.99

**Mi Nina
Tortilla Chips**
12 oz., selected varieties



2 / \$5

**Lesser Evil
Organic Popcorn**
5-7 oz., selected varieties



3.99

**C2O
Coconut Water**
33.8 fl. oz., selected varieties

*taste
the
magic*



Dr. Bronner's Magic All-One Chocolate pairs world-class Swiss chocolatiers with fairly treated cocoa farmers practicing regenerative organic agriculture. Six flavors — all vegan, 70% cocoa, sweetened with coconut sugar and perfectly balanced!

2 / \$7

**Dr. Bronner's
Organic Magic All-One
Chocolate Bars**
2.93-3 oz., selected varieties



2 / \$7

**Q Drink
Drink Mixers**
4 pk.-7.5 fl. oz. cans, selected varieties

Find summertime favorites at the co-op.



2/\$7

**Nature's Path
Organic Toaster
Pastries**
11 oz., selected varieties



2/\$7

**Nature's Path
Organic Cereal**
10-14 oz., selected varieties



2/\$7

**Califia Farms
Shelf Stable
Almondmilk**
32 fl. oz., selected varieties



5.99

**R.W. Knudsen
Just Juice**
32 fl. oz., selected varieties



2/\$7

**Barnana
Organic Plantain
Chips**
5 oz., selected varieties



2/\$3

**Vermont Smoke
& Cure
Meat Sticks**
1 oz., selected varieties

delicious and nutritious



LUNA® bars are a must-have on a perfect summer's day. With 8 grams of gluten-free protein, you'll have all the energy you need!

4/\$5

**Luna
Nutrition Bars**
1.69 oz., selected varieties



4.99

**Chobani
Shelf Stable Oatmilk**
32 fl. oz., selected varieties



scoop up the savings in bulk!

2.29

**Organic
Garbanzo Beans**
per pound in bulk



5.49

**Organic
Pumpkin Seeds**
per pound in bulk



10.99

**Organic
Unroasted Almonds**
per pound in bulk



The co-op has energizing snacks.



8.99

**Alba Botanica
Sunscreen**
4 fl. oz., selected varieties



fresh-grown organic gummies

MyKind Organics Women's and Men's Gummies are Certified USDA Organic, Non-GMO Project Verified, certified vegan, certified gluten free and made with nine whole fruits in each bottle!

24.99

**Garden of Life
Mykind Organics
Multivitamin Gummies**
120 ct., selected varieties



2/\$11

**Acure
Shampoo or
Conditioner**
8 fl. oz., selected
varieties



20.99

**Jarrow Formulas
Saccharomyces
Boulardii Plus
MOS Probiotic**
90 ct.



30.99

**Solaray
MycrobioMe
Women's
Probiotic**
30 ct.

*clean laundry
is a breeze*

KEEP IT FRESH

When the air is fresh, take advantage of it and hang your laundry outside to dry. You'll save on electricity while helping the environment, too. The co-op has laundry products that are eco-friendly, so look for home care products for all your home cleaning needs.



2/\$6

**Seventh
Generation
Liquid Dish Soap**
19 fl. oz., selected
varieties



11.99

**ECOS
Liquid Laundry
Detergent**
100 fl. oz., selected
varieties

Home and body care options are at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Ever'man Cooperative Grocery & Cafe

GEORGIA

Daily Groceries Co-op
Sevananda Natural Foods Market

MAINE

Belfast Co-op
Blue Hill Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Berkshire Food Co-op
Green Fields Market
McCusker's Market

River Valley Co-op

Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op
Mariposa Food Co-op
Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Roanoke Co-op



*to find a food co-op near
you, visit us online at:
[grocery.coop](https://www.grocery.coop)*



8.99

Woodstock
Lump Hardwood Charcoal
8.8 lb.



3.29

Field Day
Compostable
Cutlery Variety
Pack
24 count



4.99

Field Day
Renewable Fiber
Plates
30 count

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

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