



**HEALTHY CITY
YOUTH FARM
Summer Crew 2009
Information and Application**





About the Program:

Healthy City (HC) is a program of the Intervale Center where young people learn how to grow fruits and vegetables, how to cook them, and how to work with a diverse group of people. They work as a team to serve their community, learn farming and job skills, spend time in nature, challenge themselves, and have fun!

Facts:

- 🥕 The 8-week program runs from **Monday, June 22 - Friday August 21, 2009**.
There will be a one-week vacation from **Monday, July 27th - Sunday, August 2nd**.
- 🥕 You must be available for work every day, **Monday-Thursday 9:00am to 2:30pm**, for the entire 8 weeks we are in session.
- 🥕 The team is made up of diverse youth, **ages 13 to 16**.
- 🥕 The work week consists of **20-25 hours per week**.
- 🥕 Work includes **participating in many aspects of the farming experience**: planting, cultivating, and harvesting. Work will also include cooking and processing of produce.
- 🥕 Each youth must **sign a contract** at the start of the program and will **receive weekly feedback** from HC staff and team leaders.
- 🥕 The **program is structured and youth are always supervised**.
- 🥕 This is a paid position and **each participant receives a stipend based on performance and participation in the program**.
- 🥕 Each week there will be workshops, field trips, team building activities, and games. Although it's hard work, **we will also have FUN!**
- 🥕 **This job requires physical labor outdoors under the hot summer sun with lots of bugs.**



Qualifications:

- 🥕 To apply, you must be 13 by June 22, 2009.
- 🥕 You must be able to attend the entire summer program from Monday June 22 - Friday August 21, 2009.
- 🥕 You must also be able to attend the Healthy City orientation on Saturday June 6, 2009 from 9:00am-12:00pm.
- 🥕 Applications are due **no later than Friday May 1, 2009.**

Instructions:

1. Read the Healthy City information sheet.
2. Fill out parts I and II of the Healthy City application. **Be sure to ask a parent or guardian for help to ensure all information is correct.**
3. Mail parts I and II to:
**Brianna Farver
Healthy City
Intervale Center
180 Intervale Road
Burlington, VT 05401**
4. Give part III to an adult who is **not** a family member. For example, give it to a teacher or coach who knows you well. This person will mail the reference directly to the Intervale Center.

If you have any questions, **call Brianna at 660-0440 x111, or email brianna@intervale.org.**

***Please note that this is a grant funded program. We reserve the right to make changes due to funding.**



Healthy City Summer Crew Application ~2009 Part I

Full name: _____

Name you like to be called: _____

Home address: _____

City: _____ **State:** _____ **Zip:** _____

Home Telephone: _____

Other Telephone: _____

Applicant email address: _____

The best way to get in touch with me is by: _____

Gender: _____ **Date of Birth:** ____ / ____ / ____

Name of current school: _____

Current Grade Level: _____ **Current Age:** _____

Parent/Guardian Name: _____

Work telephone: _____

Parent/Guardian email address: _____

Relation of this person (parent, guardian, etc.): _____

Did anyone help you fill out this application?

If so, who? _____

Name of person writing your reference: _____

Relation of this person (coach, teacher, etc.): _____

Required Confidential Information

The Healthy City program is supported through sponsorship from local businesses, private donors as well as, State and Federal funds.

Make sure to ask for help from a parent or guardian! This information does not affect your application status.

Number of family members living with you: _____

Are you on an Individual Education Plan (IEP or 504) at school? YES NO

Do you qualify for Free or Reduced Price Meals at school? YES NO

Have you ever been involved in the criminal justice system? YES NO

Do you have any physical limitations that will restrict your ability to perform manual labor? YES NO

If YES please explain: _____

Race (optional): _____

My signature indicates that I am aware that this youth is applying to the Healthy City program and I verify that all above information is correct

Signature of Parent or Guardian **Date**

Signature of Youth **Date**







4. What did you do last summer? What do you do in your free time?

5. Do you have any work experience paid or unpaid? Give an example of when you have had responsibility in the past. This can include chores at home, extracurricular activities, community service, or paid jobs.

6. What do you think about working outside? What problems do you anticipate and how will you deal with them?

Healthy City Summer Crew Application ~ 2009

Part III

-  You are being asked to write a reference.
-  Please read the information on the back of this page.
-  Fill in the information requested below and answer the three questions at the bottom of this page in your reference. Additional information is always appreciated.
-  Please mail this form and your reference **no later than May 1, 2009** to:
Brianna Farver
Intervale Center
180 Intervale Road
Burlington, VT, 05401
-  The young person who gave you this form will mail their application separately.
-  If you have any questions or would like to receive this form electronically, call Brianna at 660-0440 x106, or email brianna@intervale.org. Thanks!

Name of youth applying: _____

Your name: _____

Title: _____ Organization/School: _____

Address: _____

Telephone: _____ Email address: _____

What is the best way to contact you: _____

Please answer the following questions and attach to this sheet.

1. How long have you known the applicant? Why do you recommend this youth? What do you know about the applicant's ability to work as part of a team?
2. What are this young person's strengths and weaknesses? Are there particular abilities or skills this youth could bring to the team?
3. Do you think that this program is a good match for this young person? Is there anything else that you would like to tell us about the applicant?

Thank you for taking the time to write this reference, we appreciate your viewpoint!

Please help this young person by following up and encouraging them to participate in this exciting program! We have found that the students who have an adult supporting them through this application process and are much more likely to follow through and become enrolled in the program! Thanks so much!



Information Sheet for Reference Writer

About the Program:

Healthy City (HC) is a program of the Intervale Center where young people learn how to grow fruits and vegetables, how to eat and cook healthy nutritious food, how to be an active part of their local food system, and how to work effectively with their peers. They work as a team to serve their community, learn farming and job skills, spend time in nature, challenge themselves, and have fun!

Facts:

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