

# Baked Sandwiches

	Whole	Half
<b>Blue Plate Sandwich</b> on Stewart's Italian Sub Roll Housemade Meatloaf or Veggie Burger, Vermont Cheddar, Red Onions and Roasted Garlic Mayo	\$10 <sup>49</sup>	\$6 <sup>49</sup>
<b>Chicken Parmesan</b> on Stewart's Italian Sub Roll Fried Breaded Chicken Breast, Marinara Sauce, Fresh Mozzarella and Grated Parmesan	\$10 <sup>49</sup>	\$6 <sup>49</sup>
<b>The Firehouse</b> on Stewart's Italian Sub Roll Buffalo Chicken Breast, Black Olives, Jalapeños, Pepper Jack Cheese and Spicy Chili Garlic Mayo	\$9 <sup>49</sup>	\$5 <sup>49</sup>
<b>North Country Melt</b> on Red Hen Cyrus Pringle Turkey, Bacon, Vermont Cheddar, Greens, Tomatoes, Banana Peppers, Red Onions and Honey Mustard	\$10 <sup>49</sup>	\$6 <sup>49</sup>
<b>Reuben</b> on O'Bread Rye Your choice of Corned Beef, Pastrami, Roasted Marinated Tempeh or Tofu, Swiss Cheese, Flack Family Farm Sauerkraut and Russian Dressing	\$10 <sup>49</sup>	\$6 <sup>49</sup>

# Deli Sandwiches

	Whole	Half
<b>BLT</b> on Red Hen Cyrus Pringle Smoked Bacon, Mayo, Greens and Tomatoes	\$9 <sup>49</sup>	\$5 <sup>49</sup>
<b>Chicken Pesto</b> on Red Hen Baguette Roasted Marinated Chicken, Basil Pesto, Fresh Mozzarella, Greens and Tomatoes	\$10 <sup>49</sup>	\$6 <sup>49</sup>
<b>City Market Club</b> on Red Hen Cyrus Pringle Your choice of Turkey, Ham or Roast Beef, Bacon, Vermont Cheddar, Greens, Tomatoes and Roasted Garlic Mayo	\$10 <sup>49</sup>	\$6 <sup>49</sup>
<b>Jersey Sub</b> on Stewart's Italian Sub Roll Salami, Ham, Capocollo, Provolone, Jalapeños, Greens, Tomatoes, Onions and Oil & Vinegar	\$10 <sup>49</sup>	\$6 <sup>49</sup>
<b>Smoked Salmon</b> on O Bread Rye Smoked Salmon, Scallion Cream Cheese, Tomatoes, Onions, Sprouts and Capers	\$10 <sup>99</sup>	\$7 <sup>49</sup>
<b>Chicken Caesar Wrap</b> on your choice of wrap Grilled Chicken, Romaine Lettuce, Caesar Dressing, Croutons, Parmesan Cheese, Banana Peppers, Onions, Smashed Avocado	\$9 <sup>99</sup>	Whole Sandwich Only

# Vegetarian Sandwiches

	Whole	Half
<b>Antipasto Ecstasy</b> on Red Hen Mad River Grain Olive Tapenade (Vegetarian), Fresh Mozzarella, Greens, Tomatoes and Roasted Red Peppers	\$9 <sup>49</sup>	\$5 <sup>49</sup>
<b>Caprese</b> on Red Hen Baguette Basil Pesto, Fresh Mozzarella, Greens and Tomatoes	\$9 <sup>49</sup>	\$4 <sup>49</sup>
<b>Falafel</b> in a Pita VT Bean Crafters Falafel, Tahini Sauce, Sprouts, Tomatoes and Onions <i>A portion of each falafel sale goes to the Burlington School Food Project!</i>	\$8 <sup>49</sup>	Whole Sandwich Only
<b>Just Veggies</b> on Red Hen Mad River Grain Choose your own Veggies, Cheese and Spread	\$8 <sup>49</sup>	\$4 <sup>49</sup>
<b>TLT</b> on Red Hen Cyrus Pringle Roasted Marinated Tofu or Tempeh, Veganaise, Greens and Tomatoes	\$9 <sup>49</sup>	\$5 <sup>49</sup>

# Breakfast Bagels

Served until  
11am

## Egg & Cheese Bagelwich

Local Egg and Vermont Cheddar

\$4.99

## Breakfast Bagelwich

Local Egg, Vermont Cheddar and Choice of Housemade Sausage, Ham, Bacon or Veggie Patty

\$5.99

## Deluxe Bagelwich

Local Egg, Vermont Cheddar, Choice of Housemade Sausage, Ham, Bacon or Veggie Patty, and Choice of Veggies

\$6.99

# Bagel Sandwiches

## Bagel with Spread

Choice of Cream Cheese, Tofutti, PB & J or Butter

Whole

Half

\$2.99

## Veggie Bagelwich

Choice of Veggies, Cheese, Cream Cheese or Spread

\$4.49

## Signature Bagelwich

Choose any sandwich from the menu or build your own

5.49 - \$6.49

Price based on half sandwich

## Smoked Salmon Bagelwich

Smoked Salmon, Scallion Cream Cheese, Tomatoes, Onions, Capers and Sprouts

\$7.49

# Build Your Own! whole \$9.49 / Half \$5.49

Choose Bread, Meat, Cheese, and all the Veggies you like

## Breads/Bagels

Assorted Bagel Café Bagels\*  
Assorted Meyer's Bagels\*  
Klinger's Farm White  
Klinger's Pumpernickel  
Klinger's Whole Wheat  
O Bread Rye  
Red Hen Baguette  
Red Hen Cyrus Pringle  
Red Hen Mad River Grain  
Stewart's Italian Sub Roll  
West Meadow Farm Bakery Gluten-Free Bread

\*Bagels are priced as 1/2 Sandwich

## Wraps (no half wraps)

Honey Wheat Wrap  
Spinach Wrap  
Tomato Basil Wrap  
White Flour Wrap

## Meats

Buffalo Chicken Breast  
Capocollo  
Chicken  
Chicken Salad  
Corned Beef  
Curried Chicken Salad  
Genoa Salami  
Ham  
Pastrami  
Roast Beef  
Tuna Salad  
Turkey

## Other Proteins

Roasted Marinated Tempeh  
Roasted Marinated Tofu  
VT Bean Crafters Falafel\*\*  
\*\*To benefit Burlington School Food Project

## Condiments

Dijon Mustard  
Honey Mustard  
Horseradish Mayo  
Hummus  
Mayonnaise  
Oil & Vinegar  
Roasted Garlic Mayo  
Brown Mustard  
Spicy Chili Garlic Mayo  
Tahini Sauce  
Thousand Island Dressing  
Vegenaise (Soy Mayo)  
Yellow Mustard

## Cheese

American  
Vermont Cheddar  
Fresh Mozzarella  
Muenster  
Pepper Jack  
Provolone  
Swiss

## Vegetables

Banana Peppers  
Black Olives  
Capers  
Carrots  
Cucumbers  
Green Peppers  
Hot Cherry Peppers  
Jalapeños  
Greens  
Pickled Vegetables  
Pickles  
Red Onions  
Roasted Red Peppers  
Sprouts  
Tomatoes

## Add-ons

\$1.00

Bacon  
Basil Pesto  
Extra Cheese  
Meat or Other Protein  
Flack Family Farm Sauerkraut  
Fried Local Egg (Breakfast Only)  
Olive Tapenade  
Shelburne Farms Cheddar  
Smashed Avocado

## Cream Cheese

Bacon Scallion  
Plain  
Scallion  
Tofutti  
Veggie