

## Joe's Sourdough Pancakes

Mix together in a bowl or large measuring cup:

- 1 cup sourdough starter**
- 1 cup room temperature/warm water**  
(can substitute part milk)
- 1 cup flour (AP white or WW as desired)**
- 1 egg**
- ¼ tsp salt**
- 1 Tbs. oil**

Let sit for a few minutes, or longer (even overnight in the fridge). Measure 1 tsp. baking soda into 1 Tbs. water and mix to dissolve. Fold carefully into the batter and let sit for a few more minutes. Cook on a hot greased griddle or cast iron pan and enjoy with toppings of choice.

## About City Market, Onion River Co-op

City Market, Onion River Co-op is a consumer cooperative, with over 9,000 Members, selling wholesome food and other products while building a vibrant, empowered community and a healthier world, all in a sustainable manner. Located in downtown Burlington, Vermont, City Market provides a large selection of local, organic and conventional foods, and over 1,200 local and Vermont-made products. Visit City Market, Onion River Co-op online at [www.CityMarket.coop](http://www.CityMarket.coop) or call 802-861-9700.



**Your Community-Owned Grocery Store**  
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# Learn more about...

## Sourdough



Keeping a sourdough culture is a fun way to participate in an ancient tradition of bread-making. Whether you are new to baking bread or an old hand, this guide contains time-tested recipes for making delicious, crusty sourdough bread and pancakes.