

Stop by our Deli to order one of our famous Signature Sandwiches or build your own. Most sandwiches can be purchased in either whole or half sizes. Bagels and breakfast sandwiches are also available. The Sandwich Bar is open from 7:00 a.m. to 8:00 p.m. daily. To place an order for pick up, please call 802-861-9704.

Signature Sandwiches

Vegetarian Sandwiches	Whole	Half
Just Veggies on Red Hen Mad River Grain Choose your own Veggies, Cheese and Spread	\$6.99	\$3.99
Antipasto Ecstasy on Red Hen Mad River Grain Olive Tapenade (Vegetarian), Fresh Mozzarella, Greens, Tomato and Roasted Red Peppers	\$7.99	\$4.99
Caprese on Red Hen Baguette Basil Pesto, Fresh Mozzarella, Greens, and Tomatoes	\$7.99	\$4.99
Falafel Rolled in an Andalos Pita Burlington School Food Project Falafel, Tahini Sauce, Sprouts, Tomatoes and Onions	\$7.99	\$4.99
TLT on Red Hen Cyrus Pringle Grilled Marinated Tofu or Tempeh, Vegenaize, Greens and Tomatoes	\$7.99	\$4.99
Deli Sandwiches	Whole	Half
City Market Club on Red Hen Cyrus Pringle Your choice of Turkey, Ham or Roast Beef; Bacon, Shelburne Farms Cheddar, Greens, Tomatoes and Roasted Garlic Mayo	\$8.99	\$4.99
BLT on Red Hen Cyrus Pringle Smoked Bacon, Mayo, Greens and Tomatoes	\$7.99	\$4.99
Jersey Sub on Stewart's Italian Sub Roll Salami, Ham, Capicola, Provolone, Hot Peppers, Greens, Tomatoes, Onions and Oil & Vinegar	\$8.99	\$4.99
Chicken Pesto on Red Hen Baguette Grilled Marinated Chicken, Basil Pesto, Fresh Mozzarella, Greens and Tomatoes	\$8.99	\$4.99
Smoked Salmon on O Bread Rye Bread Smoked Salmon, Scallion Cream Cheese, Tomatoes, Onions, Sprouts and Capers	\$9.99	\$6.99

(Add a small soup to any sandwich for 99¢)

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Baked Sandwiches

Sandwich Options	Whole	Half
Reuben on Red Hen Cyrus Pringle Your choice of Corned Beef, Pastrami or Grilled Marinated Tempeh or Tofu and Swiss Cheese, Flack Family Farm Sauerkraut and Russian Dressing	\$8.99	\$4.99
Chicken Parmesan on Stewart's Italian Sub Roll Fried Breaded Chicken Breast, Marinara Sauce, Fresh Mozzarella and Grated Parmesan	\$8.99	\$4.99
North Country Melt on Red Hen Cyrus Pringle Turkey, Bacon, Shelburne Farms Cheddar, Red Onions and Honey Mustard	\$8.99	\$4.99
Blue Plate Sandwich on Red Hen Cyrus Pringle Housemade Meatloaf, Shelburne Farms Cheddar, Red Onions and Roasted Garlic Mayo	\$8.99	\$4.99
The Firehouse on Stewart's Italian Sub Roll Buffalo Chicken Breast, Black Olives, Jalapeños, Pepper Jack Cheese and Spicy Chili Garlic Mayo	\$7.99	\$4.99

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Made to order Sandwiches

**Choose Bread, Meat, Cheese, and all the Veggies you like.
We offer McKenzie's Deli Meat for our sandwiches!**

Whole \$7.99 / Half \$4.99

Breads/Bagels:

Assorted Bagel Café Bagels*
Assorted Meyer's Bagels*
Klinger's Farm White
Klinger's Pumpernickel
Klinger's Whole Wheat
O Bread Rye
Red Hen Baguette
Red Hen Cyrus Pringle
Red Hen's Mad River Grain
Stewart's Italian Sub Roll

*Bagels are priced as a 1/2 sandwich.

Wraps (no half wraps):

Andalos Pita
Honey Wheat Wrap
Spinach Wrap
Tomato Basil Wrap
White Flour Wrap

Vegetables:

Banana Peppers
Black Olives
Capers
Carrots
Cucumbers
Green Peppers
Jalapeños
Mesclun Greens
Pickles
Red Onions
Roasted Red Peppers
Sprouts
Tomatoes

Meats:

Buffalo Chicken Breast
Capicola
Chicken
Chicken Salad
Corned Beef
Curried Chicken Salad
Genoa Salami
Ham
Pastrami
Roast Beef
Tuna Salad
Turkey

Other Proteins:

Falafel (Burlington School Food Project)
Grilled Marinated Tempeh
Grilled Marinated Tofu

Condiments:

Dijon Mustard
Honey Mustard
Horseradish Mayo
Hummus
Mayonnaise
Oil & Vinegar
Roasted Garlic Mayo
Spicy Chili Garlic Mayo
Tahini Sauce
Thousand Island Dressing
Vegenaise (Soy Mayo)
Yellow Mustard

Cheeses:

American
Cheddar (Shelburne Farms)
Fresh Mozzarella
Muenster
Pepper Jack
Provolone
Swiss

Cream Cheeses:

Bacon Scallion
Plain
Scallion
Tofutti
Veggie

\$1.00 Add-ons:

Bacon
Basil Pesto
Cheese (extra)
Hummus
Meat or Other Protein (double \$2)
Flack Family Farm
Sauerkraut
Fried Egg (Breakfast Only)
Grilled Marinated Chicken
Olive Tapenade

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Bagel Sandwiches

Breakfast Options Served until 11 am	Whole
Egg & Cheese Bagelwich Local Egg and Shelburne Farms Cheddar	\$2.99
Breakfast Bagelwich Local Egg, Shelburne Farms Cheddar and Choice of Housemade Sausage, Ham, Bacon or Veggie Patty	\$3.99
Deluxe Bagelwich Local Egg, Shelburne Farms Cheddar and Choice of Housemade Sausage, Ham, Bacon or Veggie Patty and Choice of Veggies	\$4.99
Sandwich Options	Whole
Bagel with Spread Choice of Cream Cheese, Tofutti, PB & J or Butter	\$1.99
Veggie Bagelwich Choice of Veggies, Cheese, Cream Cheese or Spread	\$3.99
Signature Bagelwich Choose any sandwich from the menu or build your own	\$4.99
Smoked Salmon Bagelwich Smoked Salmon, Scallion Cream Cheese, Tomatoes, Onions, Capers and Sprouts	\$6.99