

coop deals

DEC 2 - DEC 15, 2020

just add
chocolate

WINTER TREATS FOR EVERYONE

Fill your home with the aromatic scent of your favorite brownie recipe with a little extra chocolate drizzled on top. Endangered Species fair trade chocolate makes the perfect sweet treat for the holiday season.



2/\$5

Endangered Species
Chocolate Bars
3 oz., selected varieties



3.99

Wholesome
Organic Brown
Sugar
24 oz., selected varieties



3.99

Crofter's
Organic Premium
Fruit Spread
16.5 oz., selected
varieties



7.99

Dr. Bronner's
Organic Whole
Kernel Virgin
Coconut Oil
14 oz., selected varieties



Celebrate the season with baked goods!

Holiday Baking at the Co-op.



3.99

Nancy's
Organic Yogurt
32 oz., selected varieties



6.99

Uncle Matt's
Organic Juice
52 oz., selected varieties



9.99

Organic Valley
String Cheese
18 oz.



5/\$5

Noosa
Yoghurt
4.5 oz., selected varieties



4.99

Maple Hill
Creamery
100% Grass Fed
Organic Kefir
32 oz., selected varieties



2/\$7

The Greek
Gods
Greek Yogurt
24 oz., selected
varieties



4/\$5

Honest
Organic Tea
16 oz., selected varieties



2/\$6

R.W. Knudsen
Organic Juice
32 oz., selected varieties



4.99

Feel Good Foods
Egg Rolls
7-10 oz., selected
varieties

time for holiday mocktails

GARNISHES WITH A BOOST

This season, shop the co-op for your favorite fruity beverages and create mocktails at home. Citrus, pomegranate and peach flavors taste great in a mocktail. Don't forget to add garnishes for an extra boost. Herbs, spices, fruit, ginger and chia seeds are just a few healthy options. Enjoy!



4.49

Apple & Eve
Organic Apple
Juice
48 oz.



4.49

Izze
Sparkling Juice
Beverage
4 pack, selected varieties

Brighten your mornings with deals from the co-op!



10/\$10

Annie's
Homegrown
Mac & Cheese
5.25-6 oz., selected
varieties



10/\$10

Muir Glen
Organic
Tomatoes
14.5 oz., selected
varieties



2/\$3

Justin's
Organic Nut
Butter Cups
1.4 oz., selected
varieties



2/\$7

Pacific
Organic Soup
32 oz., selected varieties



4.99

Rao's Homemade
Pasta Sauce
24 oz., selected varieties



2/\$7

Annie's Homegrown
Organic Honey Grahams
14.4 oz., selected varieties



2/\$7

Mary's Gone
Crackers
Organic Crackers
5-6.5 oz., selected
varieties



4.49

Garden of Eatin'
Tortilla Chips
16 oz., selected varieties



2/\$5

Lundberg Family
Farms
Rice Chips
6 oz., selected varieties



2/\$7

Raaka
Chocolate Bars
1.8 oz.



scoop up the savings in bulk!

99¢

Organic Rolled
Oats
per pound in bulk



2.99

Organic
Thompson Raisins
per pound in bulk



8.99

Organic Walnut
Halves & Pieces
per pound in bulk



Find your favorite bulk products at the co-op.

delicious holiday baking

The co-op has everything you need for the busy holiday baking season. Stock up now on all the ingredients for your favorite recipes.



4.49
King Arthur
All-Purpose Flour
5 lbs.



5.99
Once Again
Organic Sunflower
Butter
16 oz., selected varieties



3.99
Nature's Path
Organic Love
Crunch
11.5 oz., selected varieties



2.49
Nancy's
Organic Cultured
Cream Cheese
8 oz.



2/\$5
Divine
Chocolate Bars
3-3.5 oz., selected varieties

The co-op has baking ingredients for everyone!

Some items may not be available at all stores or on the same days

Warm your home with help from the co-op.

Some items may not be available at all stores or on the same days

empowering
your wellness

As trusted leaders in natural wellness, **Nutranext** understands that each person's body has unique needs. That's why we use quality ingredients, backed by science, in all our brands — to build a stronger foundation for everyone's health, so they can reach new heights.



13.99

Neocell
Super Collagen Powder
7 oz.



14.99

Rainbow Light
Women's One
Multivitamin
60 capsules



16.99

Natural Vitality
Natural Calm
Raspberry Lemon
8 oz.



24.99

Renew Life Ultimate
Flora Probiotic
30 capsules



5.99

Spectrum
Essentials
Organic Flaxseed
14 oz.



fuel for every goal

Repair and refuel muscles with 30 grams of Sport Organic Plant-based Protein — a complete protein — made from a blend of certified-organic pea proteins for a delicious, smooth and creamy texture.

44.99

Garden Of Life
Organic Plant-based
Protein
23-29.6 oz., selected varieties



11.99

Sovereign Silver
Bio-Active Silver Hydrosol
2 oz., selected varieties

Healthy options for everyone at the co-op.

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13.99

**Weleda
Skin Food**
2.5 oz.



2/\$5
**Dr. Bronner's
Pure Castile
Bar Soap**
5 oz., selected
varieties



2/\$7
**Jason
Toothpaste**
4.2-6 oz., selected
varieties



1.79
**Green Forest
Bath Tissue**
4 pack



6.99
**Avalon Organics
Shampoo or
Conditioner**
11 oz., selected varieties



8.99
**Aura Cacia
Essential Oil**
.5 oz.



9.99
**Derma E
Anti-Wrinkle
Renewal Cream**
4 oz.



10.99
**Seventh Generation
Liquid Laundry
Detergent**
100 oz., selected varieties



3/\$10
**Andalou Naturals
Lift Firm Age Defying and
Instant Soothing Masks**
1 packet



2/\$10
**Mineral Fusion
Nail Polish Top
Coat and Remover**
.33 oz.-6 oz.



10.99
**Sukin
Hydrating
Rose Cream**
4.06 oz.



*holiday at-home
essentials*

Our goal is to make natural beauty the only choice for people wanting to live a healthy, balanced life, free from unnecessary toxins. Stock up on **Andalou**, **Mineral Fusion** and **Sukin** products for the perfect holiday at home!

Sparkle and shine with products from the co-op.

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Ever'man Cooperative Grocery & Cafe

GEORGIA

Daily Groceries Co-op
Sevananda Natural Foods Market

MAINE

Belfast Co-op
Blue Hill Co-op
Portland Food Co-op
Rising Tide Community Market

MARYLAND

The Common Market
TPSS Co-op

MASSACHUSETTS

Berkshire Food Co-op
Green Fields Market
McCusker's Market
River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
Honest Weight Food Co-op
Lexington Cooperative Market
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market

French Broad Food Co-op

Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Mariposa Food Co-op
Weavers Way Co-op
Whole Foods Cooperative

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Friendly City Food Co-op
Roanoke Co-op



*to find a food co-op near
you, visit us online at:
welcometothetable.coop*



2/\$6

Cascadian Farm
Organic Cereal
8.6-14.6 oz., selected
varieties



2/\$6

Cascadian Farm
Organic Granola
Bars
6.2-7.4 oz., selected
varieties



4/\$5

Larabar
Protein Bar
1.84 oz., selected varieties



3.99

Blue Diamond
Crafted Gourmet
Almonds
5 oz., selected varieties

Co-ops support products and services that benefit personal and planetary health; a legacy we can be proud to leave generations to come.

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